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The Foster County

\$1.00

Independent

VOLUME 142, NUMBER 9

CARRINGTON, ND 58421

MONDAY, JUNE 24, 2024

COLLEGIATE CONGRATS - SPRING 2024

Young minds in full bloom

Petals and Stems provide work, opportunities for area students —

BY ERIK GJOVIK

Whether it's a part-time high school job, a diversion from the grind of college courses, or a budding passion waiting to be unleashed, Petals and Stems in Carrington has become a station for young women to let their creativity fly.

Owner Brenda Bush has been a proud promoter of her employees' higher education, which began almost since the flower shop's founding in 2017.

"I always look for creativity in an employee, and I especially enjoy working with young creative minds," Bush says.

She explained that she didn't really start out seeking college kids out of general principle, but says that the lifestyle and hours "just work well for that demographic of workers."

With newer generations tending to move away from the skills of customer service and in-person communication in favor of technology, Bush sees a need to preserve that level of connectivity with customers.

"Somewhere along the line, we stopped teaching young people how to interact with others at a basic level, like looking someone in the eyes when you speak with them," she said.

Most of what Bush teaches her workers revolves around life skills as a result.

"They teach me just as much as I teach them," she said. "We have such a unique blend of generations at the shop, and I hope they can learn an actual trade they can always use in the future, but more so, I hope they learn to trust themselves and have the courage to follow their dreams."



Kaydence Oatis works on a floral arrangement during her work shift at the Petals and Stems flower shop in Carrington last Wednesday. Oatis is one of a number of college students who have worked at owner Brenda Bush's business while pursuing their degrees over the past few years, and in some cases, have remained in the field with a newfound passion.

Any help Bush receives this summer has suddenly assumed a higher importance, with her health taking a turn in recent months.

She has been diagnosed with lupus, an autoimmune disorder in which the immune system essentially turns on the body and begins attacking healthy tissue.

Because of that, Bush has been limited in her hours where she's running the shop, and is not as able to work at the pace she has in the past.

Currently, Sydnie Grager and Alleigha Guthmiller are part of the Petals and Stems staff, and

work full-time and pick up extra side jobs while taking online classes.

"These young women have a very hard economy to try to live and pay rent, and paying for school times are way more expensive than when I was in school," said Bush. "They work hard, and I love to see them in the community."

Profiles of several of her present and past employees have been reproduced here from posts dated in February on the Petals and Stems Facebook page.

Sydnie Grager
Grager successfully balances her time in the

flower shop with her job as a CNA at Golden Acres Manor, and she is also enrolled at Lake Region State College as a full-time student.

The Sykeston native graduated from CHS in 2022, and was a stand-out on the volleyball and basketball teams. Bush praises Grager as an "all-around hard worker, and a corsage-making queen."

Alleigha Guthmiller
Guthmiller is a full-time student at Bismarck State College, and has embraced her role as a full-time designer at Petals and Stems.

See PETALS, page 2

Boring vs. paving

Commission voices their concerns on pipeline-related road repair —

BY LEASA A. LURA

More discussions between the Foster County Commission and Garrison Diversion's Kip Kovar about the pipeline project were on the agenda for the commission meeting last week.

During the meeting held on Tuesday, June 18, Kovar presented a revised plan to auditor Ellen Roundy, state's attorney Kara Brinster and the board.

Brinster said she will review it next week.

The board talked about having a contingency plan for long-term road maintenance or future road maintenance in the event a section of road fails in the future, such as a trench settlement that would leave a dip on an asphalt road.

Commission president

David Utke informed the board and Kovar that he had received several calls from residents saying they do not want their roads cut, but would rather the pipeline be bored underneath the paved roads. The board then discussed boring vs. cutting the roads.



Boring underneath paved roads would cost Garrison Diversion \$1-2 million for each road depending on the length of the area.

During the discussion commissioner Pat Copenhagen called county engineer Mike Rivinius of Wild Engineering for his opinion.

Rivinius, who was at the meeting, but left, said he recommended boring underneath the paved roads over cutting the roads.

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Fore! Annual Chamber Golf Day Tuesday

The 37th Annual Chamber Golf Day will be held on Tuesday, June 25, 2024. The community is encouraged to come out and enjoy the day and evening at our beautiful Crossroads Golf Course. This event is geared for family friendly fun.

The afternoon, from noon to 5:00 p.m., will feature open golf for anyone who would like to come out and golf the course. Cart rentals are on your own. Please register at the clubhouse before golfing.

Chamber board hosts will begin serving a delicious meal at 5:00 p.m. in the clubhouse.

Promptly at 6:30 p.m., we will begin the Best Ball Scramble. Get your team together and have some fun! Sign up for the Best Ball Scram-



See GOLF, page 3

In the loop: McHenry celebrates 125 years

BY ERIK GJOVIK

For some great old-fashioned fun, games and memories, "blaze" a trail over to McHenry for three days of events celebrating a century-and-a-quarter of existence at the 125th Celebration June 28-30.

From its start in 1899, the northeastern Foster County town proved its value as the terminus of the Northern Pacific Railroad's branch starting at Sanborn, and was named in honor of the railway's chief civil engineer, E.H. McHenry.

At one time, McHenry the town had seven grain elevators, and for many years, its main attraction was the Railroad Loop on the northern edge of town.

For many years, it was believed that the loop was the only one of its kind in

the nation. It was listed on the National Register of Historic Places in 1986 and operated as a tourist attraction even after the rail line running east of town to Binford and south to Cooperstown and Hannaford was abandoned back in 1981. While the loop no longer is open, the historical train station building remains.

The 2020 census counts 64 people as residents of McHenry.

Many of them will be on hand to join in the festivities.

Come join the party!

Starting on Friday, June 28, local cowboys and ranch hands will bring their horses to the ring for the Ranch Rodeo, starting at 6 p.m. at the rodeo grounds 1/2 mile north of McHenry. Entry fees are

See McHENRY, page 2



This tribute to the McHenry Railroad Loop in Memorial Park, created by Rusty Terrow of Binford, is evocative of the Foster County community's history as a train depot and the end of the line on their branch of the Northern Pacific Railroad. McHenry will have their 125th Celebration June 28-30.

Collegiate Congrats
See Special Section

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50th Anniversary



2024 4-H Communication Arts Participants: front row, left to right: **Charli Dewald** and **Petra Yuja**. Middle: **Chloe Pierson**, **Zelda Yuja**, **Orion Ostlie**, **Theodore Ostlie** and **Landon Lund**. Back: **Kerigan Koeplin**, **Izabelle Jager**, **Aubrie Stangeland**, **Emma Stangeland** and **Linda Yuja**. Not pictured, **Nick Pierson**.

Local youth showcase skills in 4-H

Twelve Foster County 4-H'ers displayed their talents during two recent contests, the Foster County 4-H Communication Arts Contest and the Project Expo Contest.

In the senior team division of the communication arts contest, Kerigan Koeplin and Izabelle Jager from the DSS 4-H Club won Grand Champion ribbons for their presentation, "Cousins Cuisine: Edible Cookie Dough."

In the junior team division, Nick Pierson and Chloe Pierson from the Harmony Horseriders 4-H Club earned Grand Champion rosettes for their original dramatic presentation, "Assault Toast." The reserve champion award went to Aubrie Stangeland and Emma Stangeland from the Grace City L & L 4-H Club for their performance, "The Field Trip" by David-Mathew Barnes.

In the junior individual division, Grand Champion awards were earned by Linda Yuja of the Rural Raiders 4-H Club for her interpretive reading, "Pete the Cat: Pete's Really Big Lunch" and by Zelda Yuja for her prepared speech, "Sloths." Landon Lund

of the DSS 4-H Club won Reserve Champion for his interpretive reading, "Ode to Red." Orion Ostlie of Rural Raiders received honorable mention for his reading, "Really Funny Jokes."

Cloverbud participants in the contest were Charli Dewald from the DSS 4-H Club and Petra Yuja from the Rural Raiders 4-H Club.

The second contest, Project Expo, provided young people experience in planning, preparing and displaying an educational exhibit. Izabelle Jager was awarded Grand Champion for her exhibit "Flowers You Can Eat." Kerigan Koeplin won Reserve Champion with her poster "Leave No Trace."



2024 4-H Project Expo Participants (left to right) were **Izabelle Jager** and **Kerigan Koeplin**.

Carrington Lions Club participates in activities

Carrington Lions have participated in the following activities during the months of April through June.

Activities that are ongoing throughout the year are Aluminum Can Recycling, Great Plains Food Bank and Daily Bread donations.

The Lions also clean the ditches for two miles along Highway 281 South twice a year.

During the last two months the Lions have donated to FBLA, sponsored the Lions/Kiwanis Track Meet, awarded three scholarships and helped at the State Boys

Golf Meet.

Donations have been made to the Carrington Soccer program, Youth Golf, Al Trader Benefit, Carrington Fire Department and the Haiti Eye Mission.

The Lions helped deliver Meals on Wheels during the month of May.

Upcoming activities will include working at the Daily Bread during July, hosting the Al Larson Golf Tournament on June 28, participating in the Walk for Diabetes Education in New Rockford on June 24, and helping with watering of Main Street Flowers.



Ken Wangen accepts the donation for the Fire Department from Lion President **Jennifer Wede**.

Continued from page 1

McHENRY —

\$400 per team, with cash payout for each event.

Entrants may contact Brody Hoyt at (701) 270-1916. Bring your chair, and sit in for some exciting ranch hand action!

Saturday, June 29's agenda will feature the All-School Reunion, which will be held all day. Registration will be at the Senior Center.

Bright and early at 8 a.m., the 5K Fun Run will be held, with registration beginning at 7:30.

The Parade will begin at 10 a.m., followed by the Cornhole Tournament at 1 p.m. Also at that time, Jimmy Stage will be at Memorial Park to reminisce about McHenry's history.

At 3 p.m., there will be musical entertainment provided by Don Lowe at Memorial Park and a Free Will Donation Supper from 4-6 p.m.

Moonlight Music will conclude Saturday's busy schedule starting at 8 p.m.

On Sunday, June 30, an All-Denomination Church Service will be held at Memorial Park at 9 a.m., weather permitting. Should the skies not cooperate, the service will be moved to Our Savior's Lutheran Church at 230 Wilsey St.

From 10 a.m.-12 noon, a pancake breakfast will

be sponsored by Carl Bostrom American Legion Post 160 at the Fire Hall. At noon, there will be a Memorial Service at the Veterans Memorial.

A scavenger hunt is planned for Main Street (Johnston St.), along with games for kids and adults all day long.

Visit the "McHenry, North Dakota's 125th Celebration" Facebook page for the latest event updates.

See you in McHenry!

PETALS—

A hard worker, Bush says Ally is responsible for "many of the beautiful designs you see from us."

"She has a love of all things yellow, and anything she can grow," added Bush, who considers Guthmiller the business's plant care expert.

"Her grandma Eunice would be so proud," beamed Bush. "I know we are!"

Elizabeth Lee

Lee is currently pursuing her agronomy degree at NDSU, but also finds time to help out at Petals and Stems. She worked for Bush during her high school years.

She also worked at UpNorth Therapies in Carrington for Bush's daughter-in-law, Gabby Hewitt, and also was employed at various jobs in Jamestown, including

an internship at Farmers Union Insurance, and at Edgewood Assisted Living.

At the moment, she works for CHS Inc. in Valley City.

"Beth is talented and ambitious, and we can't wait to see all she's gonna accomplish," Bush said.

Kaydence Oatis

Oatis says she "helps out when they need it" at Petals and Stems, for whatever needs the team's attention at that moment.

She is currently enrolled at UND and studying preoccupational therapy, and is scheduled to graduate with the class of 2027.

Madeson Smith

Madeson "Maddy" Smith started as a bright-eyed newbie in the Petals and Stems universe, and embraced what she learned with Bush and her teammates in her pursuit of her career.

"Maddy surely didn't realize when she started at Petals and Stems that she would always be employed with us," said Bush with a hearty laugh.

Smith now lives in Fargo following her graduation from MSU-Moorhead, and is now the gift shop manager at Baker Garden and Gift.

"She may have started her plant journey with us, but [Maddy] has taken

her love of nature to the next level," Bush added.

Bush also says that Smith's artistic abilities are very formidable as well, so "be prepared to see more of her in the future."

New Rockford kids in the mix

In addition to the five students named earlier, two other students from New Rockford have also helped out at Petals and Stems in recent years.

Carli Lies has used that opportunity to stay in the floral design industry, and is now the head wedding designer at a large flower shop in Wisconsin. Along with having a photography degree, she uses those skills to help with her aunt's wedding business in her free time.

Kyleigh Hilbert is also a full-time student, a "jack of all trades", according to Bush, and works as an installation specialist.

"Big designs are her calling," she said, and noted that her love of travel has allowed her to share her experiences through photography as well.

For more stories about area college-age achievers, see our special Collegiate Congrats section which can be found in this week's Independent.

Tips for a green lawn this summer

June has been pleasant, but with July approaching, we can usually expect warmer and drier weather.

If keeping your lawn green throughout the summer is important to you, it's essential to monitor your grass closely.

Lawns need about an inch of water each week to stay green and healthy.

If we don't receive enough rain and you notice the grass beginning to wilt, it's time to irrigate. Don't wait until the leaves start turning brown.

Remember to water deeply and infrequently. The aim is to keep the top eight inches of soil moist.

Water in the early morning so the leaves can dry quickly, reducing the risk of disease. Avoid watering in the evening or at night.

Of course, homeowners have the option of not watering the lawn at all. The grass will gradually turn yellow and go dormant, which is a natural response to intense heat.

The lawn will turn green again in the fall when temperatures cool and precipitation increases.

Here are some questions that I've recently been asked:

Q: My flowers have been affected by herbicide drift from my neighbor's lawn. Is there anything I can do to help the plants recover?

Herbicide injury symptoms such as leaf cupping or curling and distorted or irregular growth can appear anywhere from a few hours to over a week after exposure.

No product is available which can reverse the damage. Recovery of the plants depends on the severity of the damage. All you can do is to provide good care to the plants while waiting to see the outcome.

Good care includes watering during hot and dry periods, fertilizing if the soil is nutrient deficient, and monitoring for other diseases and insect

Field and Garden

By **Jeff Gale**

NDSU Extension
Agent, Foster County

pests.

If the affected plant is a garden fruit or vegetable, it's advisable to remove and replace it. Avoid consuming any parts of plants displaying signs of herbicide injury.

Q: How can I control wild violets growing in my lawn?

Wild violet is an aggressive weed, spreading into non-infested areas via underground stems called rhizomes.

The weed species is difficult to eradicate. Hand removal is ineffective unless the rhizomes are completely excavated.

No preemergence herbicide suppresses or controls wild violet. Post-emergent herbicides, especially those containing triclopyr offer some help, but repeated applications are generally needed throughout the growing season and over several years.

Q: Why are the leaves falling from my ash tree?

Cool wet conditions this spring favored the development of the fungal disease anthracnose in many ash trees around town. This disease causes leaves to drop prematurely.

The classic symptom is brown, dead, distorted leaf tissue.

Although the canopies of affected trees may look sparse, there's generally no need for concern, as most trees will recover without treatment.

To help reduce future infections, it is advisable to remove fallen leaves. In areas that are heavily affected, fungicide treatments can be used, but the first application must be done before bud break in the spring.

NDGF guidelines for launching, loading boats

The North Dakota Game and Fish Department encourages boaters to plan accordingly when launching and loading a boat. Here are a few simple reminders to ensure a fluent transition at the ramp.

Launching

- Don't pull onto the ramp until your boat is ready to launch.
- Prepare for launching in the parking area. Remove covers, load equipment, remove tie downs, attach lines and put in drain plug before backing onto the ramp.
- When ready, pull in line to launch. Wait your

turn. Be courteous.

Loading

- Don't block the loading area with your boat until your tow vehicle is ready to load. Wait until you are clear of the launch area to unload gear.
- When your trailer is in the water, load and secure your boat to the trailer.
- Remove boat and trailer from the water as quickly as possible.
- Get clear of the ramp. Pull into the parking area to finish securing your boat, unload gear, drain all water and inspect for and remove any vegetation. Remember to leave plugs out when transporting your boat.

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The Foster County

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Baby goat makes surprise visit

The kids at the Carrington City Library were visited by a different type of kid, a goat! On Thursday June 13, Alexis Theis and her daughter **Blakely** (holding goat) brought her three-week-old goat, ironically named guinea pig, to visit the children during story time. This is just one of the many fun activities that they have done and will get to do throughout the summer as a part of their summer reading program. Typical activities that they get to do include story time, arts and crafts, and STEM projects.

(Photo by Nicole Lee)

Boat North Dakota course available online

North Dakota state law requires youth ages 12-15 who want to operate a boat or personal watercraft by themselves with at least a 10 hp motor must pass the state's boating basics course.

The course is available for home-study by contacting the North Dakota Game and Fish Department at 701-328-6300, or ndgf@nd.gov. Two commercial providers also offer the course online, and links to those sites are on the boat and water safety education page on the Game and Fish website at gf.nd.gov.

While the home-study course is free, there is a fee to take it online. The online provider charges for the course, not the Game and Fish Department. The fee remains with the online provider.

The course covers legal requirements, navigation rules, getting underway, accidents and special topics such as weather, rules of the road, laws, life saving and first aid.

North Dakota

Around the State...

BY LEASA A. LURA
FOR THE INDEPENDENT

The counties and cities within the state of North Dakota hold many interesting news stories. Here are just a few of the feature stories that others are reading in communities around the state.

JDA requests extension for art funding

The Divide County Job Development Authority is requesting an extension for grant money set aside for the Arts Across the Prairie project after securing land for an earthwork installation.

The \$75,000 grant from the National Endowment of the Arts is set to expire June 30. The proposed installation of the new site for the Writing Rock by Crosby native Thane Lund has experienced several setbacks after the original location, Writing Rock State Historic Site, backed out of hosting the project last summer.

The motion and vote to request an extension were conducted over email. JDA Director KayCee Lindsey said this was done because of the quick deadline once landowner approval was confirmed.

(Story by Jordan Rusche, the Journal, Crosby)

Compiling stories of boarding school survivors

Research continues into a tragic history of Native American young people who were sent to boarding schools across the country.

At the forefront of this investigation are stories from individuals who actually attended these schools, which held fast to the objective of "civilizing," or assimilating Native American children and youth in Anglo-American (Euro-American) culture. The end goal was to extinguish Native American culture or as Richard Pratt, the founder of the first off reservation boarding school famously said, "Kill the Indian in them and save the man."

Dr. Denise Lajimodiere, a member of the Turtle Mountain Tribe, is a former North Dakota State University professor and the state's current poet laureate. She's also a member of the National Native American Boarding School Healing Coalition (NABS), the first and only national organization whose purpose is to advocate on behalf of Native peoples impacted by U.S. Indian boarding school policies. While teaching at NDSU, she penned a book gleaned from more than 30 interviews with survivors of boarding schools.

Despite the extensive research, Lajimodiere said there still isn't a full accounting of how many people from Turtle Mountain attended these institutions.

"I personally keep doing this work because survivors have asked me to 'tell the world what happened to us,'" Lajimodiere said. "I call the American Indian boarding school era America's best kept secret."

(Story by Jason Nordmark, the Turtle Mountain Star)

Lilley could be first Native to become Miss N.D.

Turtle Mountain citizen Gabriella Lilley is on her way to becoming the first Native reigning Miss North Dakota. She will qualify to seek the Miss America Crown if she wins the state title.

Lilley said in an interview with Buffalo's Fire; her passion for helping people embrace diversity is what put her here today.

"I started competing when I was 16 years old in another organization," she said. "But what really drew me to the Miss America organization was the emphasis on community service."

Before becoming crowned Miss Turtle Mountain, Lilley won the titles of Miss Grand Forks 2023 and Miss Williston 2022. Another organization, Miss USA, crowned Lilley's fellow tribal citizen SaNoah LaRocque Miss North Dakota USA in 2022.

Lilley received the title of Miss Turtle Mountain 2024 on October 16, 2023 which put her in line for the Miss North Dakota pageant.

(Story taken from the Turtle Mountain Star)

Company profits from wind farm scam

In 2018 The Walsh County Record ran a story about recycling wind farm blades.

Back then Global Fiberglass Solutions (GFS) was in the process of recommissioning blades that were being stored on a five-acre section of land near Ardoch.

On March 27 of this year The Record ran a photo of crews cutting and compressing wind turbine blades that had been stored there since 2018 and loading them onto trucks. It was assumed that they were finally being hauled away to be recycled.

This is the rest of the story.

The blades came from a wind farm near Langdon. Every 10 to 15 years they need to be removed from the windmill and replaced. The blades are coated with a material that protects the fiberglass from the elements. In this time coating wears off and the blades need to be replaced.

Jay Gudajtes bought the land the blades were stored on 10 to 12 years ago.

According to Gudajtes, GFS was working on a grant that was given to them from General Electric which was a federal grant.

"General Electric received a federal grant and then used the monies from the grant to hire GFS to remove the blades and recycle them," he said.

"GFS took the money, removed the blades and then lied to GE about them being recycled."

After about five years or so Gudajtes received a letter from the North Dakota Department of Environmental quality saying he did not have a permit to store the blades at that site.

As far as Gudajtes knows none of the blades were ever recycled.

(Story by Todd Morgan, the Walsh County Record)

Garrison middle school archers compete in world championship

Everything these girls did through the NASP Archery season led up to this.

The NASP Championship was June 6-8 in Daytona Beach, Florida, and Kaylee Magandy and Braelynn Smith made their way south to compete in the highest level of NASP competition in the United States.

About 2,696 archers from fourth grade through seniors in high school participated in the World Championship event.

The girls competed in the middle school division for 3D and Bullseye.

Kaylee Magandy competed in the Bullseye division and shot a 277 coming in 89th out of 429. She was the highest placing North Dakota archer in the Middle School 3D Division.

Braelynn Smith ended up placing 44th out of 449 archers in the bullseye division and shot a new personal best. She also competed in the 3D division and placed 87 out of 321 competitors.

Smith was the highest placing North Dakota archer in the Middle School Bullseye Division.

(Story by Tyson Matthews, the McLean County Independent)

Property tax measure could cost state about \$1.3 billion per year, estimate shows

BY JEFF BEACH
North Dakota Monitor

A proposed statewide property tax reform measure would cost the state about \$1.3 billion each fiscal year, according to a state estimate.

Adam Mathiak, senior fiscal analyst for Legislative Council, provided the estimate to the Legislature's Government Finance Committee during its meeting Tuesday.

A proposed measure would end property tax based on assessed value and rely on the state to fund budgets for counties, cities and school districts.

Mathiak said the measure would cost the state \$2.66 billion per biennium. When adjusting for state funding that

already exists to provide property tax relief, the impact drops to \$2.46 billion per biennium.

The memo from the Legislative Council said that amounts to 40.4% of the general fund budget and 12.6% of the overall state budget.

"So particularly when you look at it in proportion to the general fund, a very large, large portion," Mathiak said.

Former legislator Rick Becker is leading the sponsoring committee called End Unfair Property Tax that is gathering signatures in an attempt to get the measure on the statewide ballot in November.

The committee has a June 29 deadline to submit 31,164 valid signatures from North Dakota

residents to the Secretary of State's Office for verification.

The full language of the measure and the title can be found on the group's website, end-propertytax.com, under the "about" tab.

If the measure is placed on the November ballot and is approved by voters, the measure would become effective Jan. 1, 2025.

Political subdivisions would no longer be allowed to levy property taxes beginning in 2025 payable in 2026, according to the memo.

The committee did not discuss the report.

There is no state property tax. Property taxes are generally collected by counties.

The North Dakota As-

sociation of Counties has questioned how the property tax revenue would be replaced.

"Although the potential measure states the lost revenue would be replaced by State dollars, it is unclear where the legislature would find the required dollars," the association said in a resolution.

North Dakota Monitor, www.northdakotamonitor.com, is part of States Newsroom, a nonprofit news network supported by grants and a coalition of donors as a 501c(3) public charity. North Dakota Monitor maintains editorial independence. Contact Editor Amy Dalrymple for questions: info@northdakotamonitor.com.

Continued from page 1

COUNTY—

Kovar asked if he could talk to Rivinius directly and requested his phone number to iron out some of the board's concerns.

In other business:
• The board opened bids for the reclamation of the Club Hall road near Kensal.

There were two options available, and Border States Paving was the lowest bidder for both. Option #1 included the bidding contractor doing all of the work on the project, for which Border States bid \$460,291.71. Option #2 included the county doing some blading during the project, and the low bid from Border States for that option totaled \$428,875.71.

Discussion was held

about the feasibility of completing the project this year.

Roundy informed the board that next year they would have access to the Prairie Dog and Legacy funds.

The board tabled the discussion until the next commission meeting.

• While not at the meeting, Chris Thomas of EAPC Architects and Engineers emailed an update on the courthouse basement project.

Thomas said installation of new water lines has started and the new gas line has been marked and ready for installation.

The electrician is trimming out devices and Dakota Central will be on site to do the final trim-out of IT devices.

The electrical gear

is still not on site, but the electrician will provide temporary power for phase #1.

The carpet installation in the social services offices is complete and the baseboard installation is ongoing as well as cabinet installation.

Thomas said the counter tops are on site and the transaction counter in the social services office is installed.

Finally, Thomas said the exterior door, plumbing fixtures and partitions should be installed in the next few days.

The tentative move for social services is June 24.

• In the road department update it was stated that the county sold the 1983 IH with Detroit for \$10,750 and the 1996 IH in Glenfield for \$8,400 at

Orr Auctions.

GOLF—

ble at CrossRoads Golf.

Outdoors, we will have some fun family games to play. Adults and kids alike can try their hand at various yard games etc. Children need to be accompanied by an adult.

Tours of the walk-bike path will be available via golf cart for anyone who wants to learn more about the 3-mile path. If you would like, feel free to bring your bicycles out and enjoy the path during this event!

We will also have drawings for door prizes. See the ad on page 1 of the PLUS for a list of Chamber businesses who are sponsoring this event with donations and prizes.



Yard of the Week

This week Yard of the Week honors go to Jason and Jodi Hovdenes at 175 13th Ave. N. The yard features many different perennials in both the front and backyard providing a variety of blooms and color. They received a \$25 Runnings gift card provided by the co-sponsor Runnings. The Carrington Garden Club welcomes nominations and will receive nominations at the Chamber & EDC office by calling 652-2524 or email to: chambergal@daktel.com.

GUEST

Readers see newspapers as "all of the above"

BY CECILE WEHRMAN

With the state primary season concluded, the forms of messaging statewide candidates used leading up to June 11 is curious. Likewise, the steady drumbeat we hear from local and state governments to move public notices to government websites, along with the decisions some state agencies make in bypassing legacy media to publicize state programs.

As the executive director of the North Dakota Newspaper Association (NDNA), and also a community newspaper publisher, the requests for free coverage by statewide candidates when they make a campaign stop, announce an endorsement, or advance a policy position and the lack of paid advertising shows a disconnect between candidates wanting the newspaper audience and their unwillingness to pay for it.



Likewise, government agencies send press releases they want newspapers to print for free or use as the jumping off point for expanded coverage of an issue – which frequently happens because we're in the information business – yet they decry the cost of publishing required public notices or minutes of public meetings when the cost is less than 1 percent of their budgets. Similarly, some public agencies steer communication budgets away from legacy media – and local newspapers --for reasons that are difficult to fathom for results that are less effective. Why would local and state governments want to pay Mark Zuckerberg in California rather than a community newspaper employing North Dakotans?

A few months ago, NDNA sought out the services of a respected polling firm to complete a demographically representative study of newspaper readership. The results are stunning.

- 76 percent of newspaper readers are UNDER age 65.
- Digital platforms disseminating print content have exploded the newspaper audience to include more than half the state.
- 86 percent of North Dakota adults read print or digital newspapers every month.
- 82 percent of North Dakota adults believe an independent third-party should be the primary source for dissemination of public notices – not government websites.
- 67 percent of newspaper readers vote in national or state elections.
- 77 percent of North Dakota adults says "newspaper advertising is important."
- 65 percent of North Dakota adults use newspaper advertising to help them decide what brands, products and local services to buy.

These are the kinds of statistics any industry would be proud to crow about, so we are!

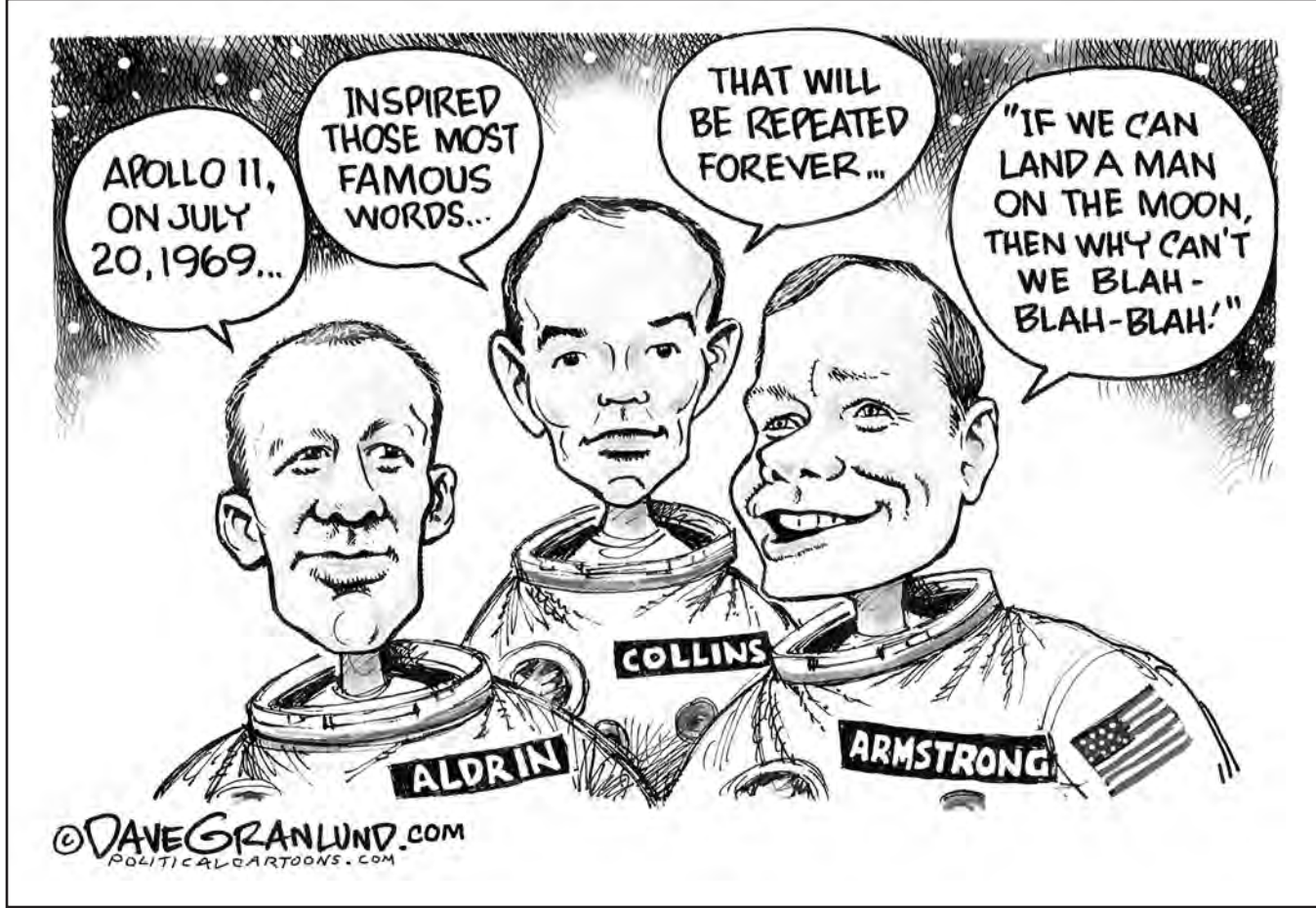
It's interesting that district legislative and local government candidates seem to know the value of newspapers. Competitive primary races resulted in a great deal of advertising placed in community newspapers this cycle. In many cases, newspaper advertising is likely to have made the difference for candidates rising to the top of ballot.

Quite successfully, the state tax department earlier this year focused messaging heavily in North Dakota's 73 newspapers to get the phones ringing and applications flowing for a new primary residence tax credit.

Sometimes it seems like the biggest detriment to newspapers is our name. Planning a media campaign used to be a calculus between print, television and radio. Today the buzzword may be "digital" but today's newspapers are both print AND digital, giving advertisers access through trusted local news websites, apps, social media and emailed newsletters.

Ask a consumer whether they read the newspaper and they understand it's "all of the above," not just print. Our association is on a mission to help candidates, public agencies and advertisers of all kinds understand that, too.

Cecile Wehrman is the Executive Director of the North Dakota Newspaper Association and owner of Journal Publishing, which publishes The Journal, Crosby.



UPSIDE DOWN UNDER

Sask Power selects Estevan...

BY MARVIN BAKER

There was some new information that came out last week regarding the implementation of nuclear energy in Saskatchewan.

Sask Power released a statement saying it has made significant progress in its search for a host site for the province's first Small Modular Reactor facility and it is seriously close to the North Dakota border.



The SMR is actually a small nuclear reactor and after studying this for at least four years, Sask Power has whittled it down to two sites, both near Estevan, Boundary Dam and Rafferty Dam.

To clarify some information here. Estevan is a city of 15,000, about the same size as Jamestown, in the southeast corner of Saskatchewan, just north of the North Dakota border near Crosby and Noonan. Sask Power is the company that supplies electrical power to most of the province. And small modular reactor is apparently a nice way of keeping the word nuclear out of the title.

Rafferty Dam is on the Souris River about three miles north of Estevan, and is 21 miles northwest of Noonan, the closest community in North Dakota.

Boundary Dam is even closer. It is three miles south of Estevan, placing it just 15 miles north of Noonan. Boundary Dam is also on the Souris River as is Lake Darling Dam, six miles east of Carpio and 20 miles northwest of Minot.

And, as we all know from previous spring flooding, the high water starts around Boundary and Rafferty dams, comes through Lake Darling Dam, down to Minot, then takes a turn and returns into Manitoba near Westhope and then into the Assiniboine River.

A public statement about this hasn't yet been made in the United States, but Sask Power released its own information and at least one official in Saskatchewan has talked publicly about nuclear power on the outskirts of Estevan.

Roy Ludwig is the mayor of Estevan and has spent his career working in a coal mine at Bienfait, just to the east of Estevan. He is on board with Sask Power placing an SMR near his city and 21 miles from the Portal port of entry into North Dakota.

Because Canada is taking steps to address climate change and is phasing out coal-generated power, Ludwig believes a lot of jobs that now support the Estevan economy will be remain with this new generation of electrical power.

Sask Power tells us in its news release that the electrical infrastructure is already in place and will only need upgrades rather than being built from scratch, saving Sask Power a lot of money in the process.

According to the plan, the final decision is still about a year out. A decision to proceed is planned for 2029 and the building of this 315-megawatt reactor is expected in 2034. If the math is correct, that's enough power to supply about 20,000 homes.

One thing Sask Power hasn't said, at least not publicly, is what happens in the event of an accident? We all know what happened at Chernobyl in April 1986. Chernobyl produced approximately 1,000 mega-watts of power so Estevan would be about a third of that.

Mr. Ludwig has made it clear that nuclear power is the safest electrical power, as long as it's contained. There are nuclear reactors in various places in eastern Canada that have been in operation for decades and there has never been an accident.

There's no doubt Sask Power will have safeguards in place because it will be under scrutiny from the city of Estevan, the province of Saskatchewan, the Canadian government and the Canadian Nuclear Safety Commission.

Because the final decision hasn't been made, there are actually a couple of other sites that are being considered, but aren't as strong as the Estevan area. They are Elbow, a small town on Lake Diefenbaker which is near Saskatoon and Coronach, another small town 26 miles north of Scobey, Mont.

This SMR is said to reduce greenhouse gas emission by at least 50 percent by 2030 and is part of the overall federal government plan to have net zero greenhouse gas emissions by 2050.

More information may be found about this at (saskpower.com/nuclear).

(Marvin Baker is a news writer for the Kenmare News and formerly Foster County Independent.)

LETTERS

In response to the article written by Leasa Lura in the June 10th, 2024, edition of The Foster County Independent. It was stated, "During their last meeting on Tuesday, June 4th, the board heard about a contract Garrison Diversion officials say was signed by road superintendent Nate Monson for road blading during the construction of the pipeline. Commissioner Alan Scanson said that the commission was unaware of the contract and that Monson would not have the authority to sign it."

The Foster County Commission wants to clarify that the Foster County Road department has a blading contract with Garney Construction, not with Garrison Diversion. The Commission is aware of that agreement made in 2023 and has no concerns about that agreement. The contract under discussion was one that Garrison Diversion thought they had presented, however, no documentation from Garrison Diversion was

presented to verify one existed nor could the County locate a copy of any contract to verify one existed.

The agreement being discussed was not for road maintenance, but rather a general statement of responsibility for the entire Red River Water Supply project. This agreement has no specific provisions, such as decisions for cutting paved highways or optionally boring under them. This plan has not been approved and the board is asking for amendments to the plan, for example, there is no signature page for approval.

In stating that Monson does not have the authority to sign contracts, I was indicating that it is just part of the process when working with public funds. A contract that binds the County must first be presented to the Board of County Commissioners for approval. The Board of County Commissioners has full faith in Nate Monson as Road Superintendent and his abilities to manage his department. At

no point were the commissioners questioning Monson's ability to follow protocol.

The Auditor's office was contacted prior to the article being published and the response sent back to the paper from their office was, "There was no lost contract. I think Garrison had assumed we agreed to a contract and there was no indication that an agreement was ever approved or presented to the BOCC. Looking back through records and minutes there is no documentation that an agreement was made between the board and Garrison for the road maintenance on the project."

There was a separate agreement between the road department and Garney Construction is my understanding."

If you have questions or concerns, please read the official minutes or reach out to a County Commissioner.

Alan Scanson
Glenfield, N.D.

Letters to the Editor Our Policy

The Editor of the "Foster County Independent" welcomes letters from readers. Below are the submission guidelines for Letters to the Editor.

1. All letters must be signed. Anonymous letters will not be published.
2. Letters written on behalf of groups will be published with both the group and individual signer(s) names.
3. Election letters: only one Letter to the Editor will be published per candidate for any local race during an election, and one letter each for and against any local or statewide ballot initiative. Additional letters will be subject to regular display advertising rates.
4. All letters must include the author's phone number and/or email address for verification.
5. Each writer is limited to one letter per calendar month. Additional letters will be subject to regular display advertising rates.
6. We reserve the right to edit or omit any and all letters.
7. Letters reflect the view of the author and NOT of the newspaper, its staff or owner.

Submit letters to: PO Box 138, Carrington, ND 58421 or email fosterconews@daktel.com

WHAT'S IN THE CLASSIFIEDS?
Pick up your copy today!
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The Foster County INDEPENDENT

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Leasa A. Lura..... News, Advertising Layout, Design
Lori Buchholtz..... Design, Typesetting
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SUBSCRIPTION RATES: \$49.00 per year in North Dakota; \$55.00 per year elsewhere in the U.S.; \$52.00 per year Seasonal. Online only, \$32 per year. No subscription for less than one year accepted. Postal regulations require subscriptions to be paid in advance.

LETTERS TO THE EDITOR POLICY: Letters to the editor must be signed to be printed. Editor reserves the right to print letters to the editor at her discretion.

ATTENTION, POSTMASTER: Send address changes to Circulation Department, Foster County Independent, P.O. Box 138, Carrington, ND 58421-0138.

DEADLINE:
News Copy & Photos, Classified Ads
& Legals, and Advertising:
Tuesday at 1 p.m.

The Foster County
Independent
P.O. Box 138 Carrington, ND 58421

Amy Wobbema.....Publisher
Kayla Schumacker.....Accounting

Periodicals postage paid at the post office in Carrington, North Dakota, and published every Monday from its office at 1191 W Main St., Carrington, ND 58421-0138.

ISSN#0199-4700

FROM THE PAST

Lyman Foster County Dairy Queen

75 Years Ago June 30, 1949

Foster County will be represented in the State Dairy Queen contest by Donna Lyman of Grace City, who won the honor of Foster County Dairy Queen, in Carrington during Dairy Day last Wednesday.



Renee Hopkins

Delegates to the Hiawatha regional conference in Wadena, Minn., June 21 to 24 from the senior Girl Scouts of Carrington were Norma Pedersen of Juanita and Phyllis Perkins of Carrington. The delegates attended under the sponsorship of the Carrington "A" Association.

Featured at the Grand Theatre Friday and Saturday will be Whiplash starring Alan Hale, Sunday, Monday and Tuesday. Zane Grey's Red Canyon will be showing in Technicolor. Ann Blythe, Howard Duff and George Brent are the principal stars in this film made in the Rockies.

At the livestock judging event at the John Skadberg farm last Friday, 4-H members were in attendance from Eddy, Foster, and Wells counties. Adolph Gross, Chester M. Reiten and George F. Stewart, county agents of Eddy, Wells and Foster respectively, were in charge of the event.

Scoring highest from the Foster County group were Edson Lund, Billy Zink, Dan Murphy, Ronald Luttschwager, Ray Grager and Virgil Larson. These boys will represent the county in a district judging event to be held in Grand Forks on June 30.

Large crowds gathered at McHenry Monday and Tuesday of this week to join in the celebration of that town's 50th anniversary.

The two day event was conducted under the direction of McHenry Commercial Club of which Leo Overbeck is president.

50 Years Ago June 26, 1974

Infestations of sunflower beetles are beginning to show up in sunflower fields within the county. The insect is almost identical to the Colorado potato beetles with which many people are familiar.

Indians from the Fort Totten area met the Fort Seward Inc. wagon train at Hawksnest. The Indians showed up around suppertime, some wearing multicolored feathers and beads, and danced to the beat of drums along with the wagon train members.

How many thousand hamburgers, hot dogs and pieces of pie were served at McHenry during the Diamond Jubilee could only be guessed but it was a vast quantity that was consumed at two places uptown.

Visitors to the McHenry Jubilee came from many places and some came long distances to be with friends and relatives. Registered from the farthest distance was Ari Kapur of New Delhi, India believed to have come with a student friend from Kensal.

Louis Polries was honored in Lancaster, S.C., when he was given a key

to the city and honorary plaques by the mayor and a South Carolina Senator.

The 25th wedding anniversary of Mr. and Mrs. R.D. Reimer was celebrated at an open house and dinner at the club house Sunday, June 16. A Hawaiian theme was carried out at the six o'clock dinner for the out-of-town relatives and friends. For entertainment there was Hawaiian music and songs.

A farewell dinner for Rev. and Mrs. Franklin Butler was held Sunday at the church parlors in the Nazarene Church following the morning services. The Butlers left Monday for Lake Placid, N.Y. where they have a pastorate.

149 family members gathered for the Topp-Luttschwager Reunion held June 15 at the Keith Wright farm home at Grace City. Special event for this year's gathering was observance of the 75th anniversary of the late Fred Topp farm, homesteaded in 1899, and presently owned by a grandson, Keith Wright.

25 Years Ago June 28, 1999

A \$1 million addition to the Dakota Central building was approved by the Carrington-based co-op's Board of Directors last Wednesday. The construction, slated to start July 5, will add 6,106 square feet of office space to the west and south of the present building.

Matthew R. Metzger, son of Steve and Jane Metzger, Carrington, has received the Presidential Scholarship and the Varsity Mart Textbook Scholarship. The Presidential scholarship is in the amount of \$1500 each year for four years, and the textbook scholarship is \$600. Metzger will attend North Dakota State University beginning in the fall and plans to study computer science.

Melissa Montgomery has been awarded a \$1,000 FFA Scholarship from Firestone Agricultural Tire Company. She will be attending North Dakota State University this fall and plans to major in agricultural economics there.

Barns Lake produced a wall-hanging northern pike caught by Ernie Hoffert. It was 45 inches long and more than 24 pounds. Ernie caught it on a light tackle daredevil.

People in the News - Leah Delorme and Nate Hjelseth would like to announce their engagement. Lea is the daughter of Frank and Darlene LaQua of Bismarck and Nate is the son of Gerald and Cathy Paulson and Jeff and Jean Hjelseth of Grand Forks.

Edna and Leonard Norheim are celebrating their 50th wedding anniversary on Sunday, June 13, at their farm near Kensal.

Obituaries - Rita Weisenburger, 68, New Rockford died Saturday, June 19; Donald Patrie, 87, rural Bowdon, died Monday, June 21; Sydney Hoveskeland, 82, New Rockford, died Tuesday, June 22.

Area News - Golden Acres Manor - Monday evening the residents enjoyed music by Clinton Krause.

Rose and LeRoy Tollefson took her sister, Leah Theis, to Jamestown where they enjoyed going out to dinner.

The residents enjoyed the piano music and singing of Jarl Iverson Wednesday afternoon.

Carrington's Daily Bread

Carrington's Daily Bread (formerly Foster County Food Pantry) will be open 3:30 to 5:30 p.m. on Monday, Wednesday and Friday. It is located at 875 Main Street (next to Chamber office.) To call, phone number is 652-2333, leave a message.

Airport Board

The Airport Board meets the first Thursday of each month at 5:30 p.m. at City Hall.

Addiction Counseling

For families in need of drug or alcohol addiction counseling, Narconon Arrowhead can help. Narconon offers free counseling, assessments and referrals to centers nationwide. Please call us at 800-468-6933 or log onto www.stopaddiction.com for answers today.

Carrington City Library

Library Hours: Monday - Thursday: 10:30 - 5:30; closed Friday; Saturday: 10:30 - 1:30. Storytime is Wednesday morning at 10:00 a.m. Morning Book Club will meet the 2nd Tuesday of the month, at 9:30 a.m. Evening Book Club will meet the first Thursday of the month at 6:30 p.m. Call 701-652-3921 if interested in joining book clubs.

Piecemakers Quilt Guild

The Piecemakers Quilt Guild will meet every third Tuesday of the month at 6:00 p.m., at Designer Fabrics.

Foster County Comm.

The Foster County Commission meets every first and third Tuesday of the month at 3:30 p.m., at the Foster County Courthouse. For more information, see the county website at fostercounty.com

Arrowwood NWR Visitor Center

The Visitor Center is open year-long Monday - Friday 9:00 a.m. - 4 p.m., excluding Federal holidays. The Refuge trail system is open daily sunrise to sunset.

Foster County Historical Society

The Foster County Historical Society will meet the second Tuesday of each month at 7 p.m. They will meet at the museum.

Foster County Museum

The Foster County Museum will be open every Sunday in the summer from 1-4 p.m., and during the Foster County Fair (June 19-22). For other times, call Cathy (653-5054), Mike (650-1392), Kim (660-0271), or Janice (650-1850) to make an appointment to visit museum.

Carrington Park Board

The Park Board District will meet the second Monday of each month at 6:30 p.m. at Carrington Armory.

Weight Loss Surgery Support Group

The Surgical Weight Loss Support Group will meet via Zoom the first Tuesday of the month. Preregistration is required. Contact Jessica Miller at jessica.miller566@commonsense.org or leave a message at 701-530-5189.

Carrington Garden Club

Contact Dennis Swanson (653-5755) or Jane Rosenau for more information.

LEPC Meeting

The Local Emergency Planning Committee will meet at the Community Room, Foster County Courthouse, in Feb., May, Aug., and Nov. at 4:30 p.m., on 2nd Thursday of month.

Healthy Communities

Healthy Communities Coalition meets the third Thursday of each month at Noon at Carrington City Library Community Room (87 8th Ave. N). All are welcome. Contact healthycarrington@gmail.com with questions.

Central Prairie Social Service Board

The meetings for the Central Prairie Social Service Board will be held at 9:30 a.m., at the Social Services offices in Wells, Foster or Eddy County on the last Wednesday of the month.

Soil District Meeting

The Foster County Soil Conservation District will hold their next meeting on Monday, July 8 at the USDA Service Center, Carrington from 8:30 a.m. - 11:30 p.m.

Compassionate Friends

Carrington Area Chapter of The Compassionate Friends has resumed in-person meetings in May. Meetings are at 7:00 p.m. on the third Wednesday of the month at Northern Plains Electric (1515 Main St. Carrington). For more information, please call Cindy Willey at 701-650-1110.

Foster County Public Health Schedule

701-652-3087
881 Main Street
Carrington, ND
Hours are 8:30 a.m. to 12 Noon and 1-4:30 p.m., Monday - Thursday. Friday, 8 a.m. - 1 p.m. Services Offered: Immunizations for all ages, COVID Testing, COVID Vaccinations, Tobacco Cessation Services, WIC, Blood Pressure Checks, Family Planning, Health Tracks Screenings, Car Seat Installation/Education, Wellness Screens for Individual, Onsite Business Wellness Screens.

Flexible Scheduling. Appointments to fit all schedules. Call for appointments (652-3087). Immunizations are available every day by appointment or walk-ins. Footcare services are available. Covid Testing, Monday - Friday, 8 to 9 a.m. Please call to schedule. Call 701-252-8130 for Family Planning. Call 866-274-2316 to schedule WIC.

Mon., June 24 - Immunizations
Tues., June 25 - Immunizations
Wed., June 26 - Immunizations,
McHenry/Glenfield Offsite Clinic
Thurs., June 27 - Immunizations,
Health Tracks
Fri., June 28 - Immunizations,
Footcare, 10-12

Nurses
Lisa Hilbert, RN
Cassie Ness, RN
Haley Lura, RN

Great Plains Food Bank

Great Plains Food Bank will be at Dakota Central, (630 5th St. N) from 10:00 a.m. - 11:00 a.m., on Thursday, August 15. The schedule for the rest of 2024 is on the following Thursdays: October 10 and December 12. Listen to KDAK for schedule changes.

Parents Support Group

The Missing Puzzle Piece Support Group led by Ben Foster will next meet on June 26 at the Chieftain (Buffalo Room) in Carrington at 10 a.m.

The mission of the group is to bring the community closer and to create a group to break from the feeling of isolation of Autism or any disability.

Parents will meet up once a month to discuss questions or concerns they may have and learn of help that is available to them.

Calendar

Items carried on this page are done as a community service. However, items of a commercial nature will be carried only if accompanied by a paid advertisement. The basis is, "You charge, we charge."

MEALS ON WHEELS

JUNE

CARRINGTON

All meals served with Milk, Coffee, Bread & Butter, Dessert
Mon., June 24 - Turkey, Mashed Potatoes, Peas, Pears - Pool, Bridge & Open Cards

Tues., June 25 - Sloppy Joes, Fries, Baked Beans, Salad, Peaches - Pinochle

Thurs., June 27 - Meatballs, Mashed Potatoes, Prince Edward Vegetables, Applesauce - Whist

Fri., June 28 - Chicken Sandwich, Potato Salad, Green Beans, Tropical Fruit, Bar - Mexican Train Dominoes

Sat., June 29 - Public Cards Pinochle Tournament at 1 p.m. All ages welcome

GRACE CITY, MCHENRY GLENFIELD

Mon., June 24 - Hamburger Steak in Gravy, Mashed Potatoes, Prince Edward Vegetables, Pudding with Bananas

Wed., June 26 - Pork Chop in Gravy, Mashed Potatoes, Prince Edward Vegetables, Fruit, Birthday Cake

Fri., June 28 - Scrambled Eggs, Ham, Diced Potatoes, English Muffin, Fruit

Brighten the shade with a hosta



Emily How
NDSU Extension Agent
Ward County

"I need to plant a hosta under my tree, which variety is your favorite?"

This innocent question to one of the NDSU Extension Master Gardeners in Ward County sent me down a rabbit hole learning about this beautiful shade-loving plant.

Hostas are a member of the asparagus family and are native to Asia. With over 2,000 different cultivars, there are many different leaf and flower colors, and variegations. Common flower colors are white, lavender and purple. The bell-shaped flowers may be fragrant and are a good pollen source for hummingbirds and bees. Hosta flowers can also provide great ornamental value to the landscape.

Though the flowers are stunning, hostas are traditionally grown for their foliage showcasing dif-

ferent leaf variegation. The American Hosta Society has categorized hosta leaves into five major leaf colors, green, blue, gold, Medio-variegated (dark margins and a light center), and Marginal variegated (light margins and a dark center). There are also different heights of hosta, ranging from a dwarf height (less than 4 inches) to a giant height (more than 28 inches).

Hostas thrive in shade to dappled-shade areas, perfect for planting under trees or in heavily shaded areas of the yard. Depending on the color of the leaves, hosta have different light requirements. Hostas with blue coloring need more shade than yellow and gold hostas, which benefit from two to three hours of the morning sun. If you start to notice brown or scorched leaves, this could be a sign that your hosta is receiving too much sun.

Common problems for the hosta include hungry deer, slugs and rabbits. Young sprouts are more likely to be damaged by these creatures than older plants. Try fencing or using repellents to keep deer from eating the hosta leaves, but keep in mind that a hungry animal will eat anything.

Another problem plaguing hosta plants is Hosta virus X. This virus, first discovered in Minnesota, causes the plant leaves to look discolored and



Hostas thrive in shade to dappled-shade areas, perfect for planting under trees or in heavily-shaded areas of the yard. (NDSU photo)

blotchy. It can take several years for the virus to show symptoms in the hosta plants. It spreads quickly through division sterilizing tools and ensuring that your hosta plant comes from a reputable source is the easiest way to prevent this disease from spreading. If you suspect your hosta has Hosta virus X, contact your county NDSU Extension agent to confirm.

As for the Master Gardener's favorite hosta cultivars, the current list includes June, a medium-sized hosta with gold and blue-green leaves; Blueberry Muffin, a medium-sized hosta with deep blue leaves and lavender flowers; and Abba Dabba, a large-sized hosta with green center and gold edges.

MARKETS

From CC Grain June 19, 2024	
Spring Wheat	6.73
Feed Barley	3.00
Flax	11.50
Canola	18.10
Soybeans	10.74
Corn	3.95

WEATHER

June 12.....88600.00
June 13.....76520.00
June 14.....79500.25
June 15.....84610.00
June 16.....72550.08
June 17.....71481.07
June 18.....56500.22

CALENDAR

Kiwanis Club

The Carrington Kiwanis Club meets the first and third Wednesday of the month at 12 noon at the Chieftain.

South Central Transit Public Transportation Carrington, N.D.

Transportation is available to citizens of all ages, and for all purposes (medical appointments, errands, shopping, employment, etc.) on the following days:

Local transportation (Cgtn.)

Monday, Tuesday, Wednesday, Thursday & Friday - 8:00 a.m. until 4:00 p.m.

Out-of-Town Transportation

First Wednesday & Third Tuesday: Fargo - \$15.00 round trip

First, Third, Fourth Fridays & Second Wednesday: Rural Foster County into Carrington - \$5.00 (round trip)

Third Wednesday: Bismarck - \$15.00 (round trip)

First, Second, & Fourth Tuesday and Fourth Wednesday & every Thursday: Jamestown - \$8.00 (round trip). Please call the office at 652-3257 before scheduling Jamestown appointments if possible.

Fargo & Bismarck appointments should be scheduled between the hours of 10:00 a.m. & 2:00 p.m. if at all possible.

It is necessary to sign up in advance, if at all possible by calling: 652-3257.

Lions Club

The Lions board will meet the first Wednesday of the month at 4:30 p.m., at the Chieftain followed by general meeting at 5:30 p.m. Recycle your old glasses by dropping them off at Family Vision Center, Bremer Bank, Carrington Drug, Leever's Foods, Carrington Health Center, Evans Funeral Home or Dakota Central.

Veterans Service Office

The Veterans Service Office, located at Foster County Courthouse, will be open Tuesdays from 12:30 p.m. to 4:30 p.m., and Wednesdays from 9 a.m. to 11:30 a.m.

Appointments may be scheduled as needed; 652-2170.

Fire Department

The Carrington Fire Department's regular meeting is held the first Monday of each month at 6:30 p.m. Fire Department training meetings are held the fourth Monday of every month at 7 p.m.

Knights of Columbus

The Knights of Columbus Council 4951 meets the second Monday of the month for business meetings in Sept., Nov., Jan. and March through May. Rosary at 5:40 p.m., followed by Mass, social, supper and meeting at Sacred Heart Church, Carrington.

AFS Exchange Students

Help to build bridges of intercultural understanding by sharing your home and daily life with an AFS high school exchange student or teacher. Hosting is exciting and rewarding! Our community has students and teachers arriving year round. Please call AFS to learn more about hosting, or how you can volunteer. Call Alena at our St. Paul office at 1-651-647-6337 or 1-800-876-2377 or visit www.afs.org/usa

American Legion Aux.

The American Legion Auxiliary will meet at 4:30 p.m., the second Tuesday of the month at the Community Room of Carrington City Library from September to May.

American Legion

The American Legion will meet at 7:00 p.m., the second Wednesday of the month at the Community Room of Carrington City Library from January to May and September to December.

Police Web site

Visit Carrington's Police Web site at <http://www.carringtonpolice.com>

You will find the Amber Alert Streamer, Federal, State, County and other local links for informational and educational information for you and your family. Also, visit the educational fun links for kids including McGruff the crime dog.

Featured on this Web site is an **anonymous tip box** (tips and concerns) and sign up for Foster County **emergency alerts** (link on home page) with your mobile phone, and/or home phone.

PRAIRIE FARE

Prairie Fare: Are flowers in my yard edible?

By Julie Garden-Robinson
Food & Nutrition
Specialist
NDSU Ext. Service

"I will have some hibiscus lemonade," I said.

That sounded interesting to me as I perused the menu. Maybe the attractive flowers would translate to a pleasant flavor, I thought.

The beverage was pinkish in color and had a cranberry-like flavor. I liked it. I have tried lavender lemonade and rose-infused beverages. Soup with floating squash blossoms was novel to me, too.

I am seeing an increasing number of beverages and foods crafted with the addition of flowers.

As I admired the colorful flowers in my yard, I pondered the ones that might be safe to eat.

Sometimes, certain parts of the plant are safe, while other parts are not. For example, lily of the valley, amaryllis, crocus and hyacinth are toxic. Enjoy looking at them and sniff their aroma, but do not taste them.

Remember safety first. Before you become overly adventurous sampling the flowers, weeds or mushrooms you find, be sure you can identify the plants correctly. Find a reliable resource about edible plants or a friend with specialization in horticulture.

Do not guess on the edibility of plants you find in nature. When you identify edible plant foods, be sure that the flowers have not been sprayed with pesticides, subjected to lawn chemical drift or fertilized with manure recently.

Flower bouquets from the grocery store and nursery flowers are not the type to add to your menu. Culi-

nary flowers are available in some locations, or you could grow your own so you know how the flowers have been raised.

I planted nasturtiums this year because their peppery flavors are a tasty addition to salads. Bright gold Bachelor buttons add visual interest and flavor to recipes. Most flowers also contain some vitamins A and C with few calories.

Pansies with their bright cheery "faces" are edible, and they impart a "grassy" flavor according to some sources. Dark purple pansies might make your tongue turn purple or blue, by the way.

The landscaping favorite, daylilies, are edible and some people enjoy the petals in frittatas, stir-fry and pasta dishes.

If you planted squash, remember that the blossoms are edible and can be used in a variety of ways. Try adding them as attractive and edible garnishes. Incorporate squash blossoms into pasta dishes or quesadillas, or stuff them with cheese or seafood, dip in batter, and then air-fry.

If you eat the blossoms, your crop of zucchini or other summer squash will become manageable, too.

Dandelions are considered a nuisance in lawns, but the leaves and flowers can be used in salads. Dandelions also can be used to make wine.

Rose and daisy petals are edible and are attractive additions to desserts. Rose petals can be dried and used in beverages.

Use edible flowers at their peak of freshness. Avoid blossoms that are past their prime, as evidenced by wilted or faded colors. Avoid eating the anthers and pistils (usually at the center of the flower) because they have a bitter flavor.

Rinse the flowers with cool, running water and place on paper towels to gently dry, then refrigerate until use. For a fun twist



Homemade lavender syrup adds a fun twist to fresh-squeezed lemonade. (Pixabay photo)

on beverages, freeze edible flower petals with water in an ice cube tray then add to beverages. Freeze the edible flowers, herbs or fruit in an ice ring and add to a punch bowl.

Start small if you decide to try some flowers in teas, other beverages or foods. Some can cause allergic reactions or stomach upset.

Lilac flowers are edible with a fragrant aroma, as are apple and plum blossoms. Be sure to go lightly when using lavender because lavender flowers have a perfume-like flavor.

What if you want to enjoy flowers longer than they last outdoors, but you are a bit leery about eating them? You can dry them and use them as home decorations.

If you receive a beautiful bouquet of roses, remove them from the vase before they wilt, flip the bouquet upside down and tie with a string and hang in a cool place with good air circulation. Then display in a vase or make potpourri by adding an essential oil. Display in a bowl or make sachets.

You can preserve some floral memories by pressing your favorite small flowers between two layers of wax paper and place them within the pages of a book or under a flat heavy object. Be patient, though. The flowers take at least a week to dry this way. Laminated

them to make bookmarks. Be sure that you do your homework before exploring the use of edible flowers on your menu.

I planted lavender this year, and here's a simple lemonade recipe. You can perk up a lemonade recipe with the addition of other summertime favorites, including fresh berries, basil or mint.

Lavender Lemonade
¼ cup fresh lavender flowers (not treated with pesticides)

1 cup sugar
2 cups boiling water
1 ½ cups freshly squeezed lemon juice (about 6 lemons)
2 cups cold water
Ice (frozen with edible flowers if desired)

Wash your hands and dry thoroughly. Place the lavender flowers in a heat-resistant bowl, add sugar and press sugar into the blossoms with your fingers. Pour 2 cups of boiling water over the sugar-flower mixture and allow to stand at least 30 minutes. While waiting for the lavender syrup to steep, rinse the lemons, cut in half then use a juicer to squeeze them. Add the juice to a serving pitcher. Strain the lavender syrup through a fine-mesh strainer into the serving pitcher. Add cold water and ice. Add extra water and/or sugar to adjust to your preferred sweetness.

CHURCH DIRECTORY

Bowdon Community Church of God
~Pastor Dale Peaslee~
Sunday - Sunday School, 9:00 a.m.; Worship Service, 10:15 a.m. Singing, 7:00 p.m., the last Sunday of the month.

Seventh-day Adventist Church
You are welcome to worship God with us at:
BOWDON COUNTRY
Saturday - Sabbath School, 10 a.m.; Worship Service, 11:10 a.m.
NEW HOME
Saturday - Sabbath School, 10 a.m.; Worship Service, 11 a.m. Everyone is welcome.
"It is Written," Sunday, 9:30 a.m., Channel 10

Bethel Assembly of God, Carrington
Web site: www.ndbethelag.com
~Pastor Kevin Gustafson~
Phone: 652-3026
Sunday Services, 10:30 a.m. Sermons available on YouTube page. Kids church and nursery are also available.

Calvary Baptist Church of Carrington
~Pastor Keith Hurlbut~
Phone: 652-2162
e-mail: Calvary@daktel.com
Sunday - Sunday School, 9:30 a.m.; Worship Service, 10:30 a.m.

Faith Baptist Church of Carrington
~Pastor Corey Pepple~
Sunday Worship Service, 10:30 a.m.; Sunday Evening Service, 6 p.m. 2nd Sunday of month, Service with Bible Assembly, 1:00 p.m. Wednesday Evening Service/Master's Club for children (4 yrs. - 6th grade), 7:00 p.m.
Listen to our Sunday service on 1600 AM, KDAK every Saturday beginning at 9:00 a.m.
Services are livestreamed at visitFBC.com.
If you ever need spiritual help or more information, please call 652-2557 (church).

Federated United Methodist United Church of Christ of Carrington
~Pastor Rick Loewen~
Office Phone: 652-2288
Sunday School, 10 a.m.; Sunday Worship, 11:00 a.m. with live streaming on Facebook. KDAK radio broadcast at 9:30 p.m. on Sundays.

Grace Lutheran Church of Carrington
Vacancy Pastor
~Tom Eckstein~
Saturday Worship - 9:00 a.m.; Holy Communion, 1st & 3rd Saturday; Bible Study, 10:00 a.m.
KDAK Broadcast, Sundays, 8:30 a.m.

Kvernes Lutheran Church of Rural Carrington
~Pastor Rick Loewen~
Sunday Worship, 9:00 a.m.

Sacred Heart Catholic Church of Carrington
~Rev. Terry Dodge~
Mass Schedule - Sat. Evening, 5 p.m.; Sun., 9 a.m.; Penance Schedule - Sat. Evening, 4:00 until 4:45
Weekday Mass - Monday, Wednesday, Thursday, Friday, 7:30 a.m.

Trinity Lutheran Church of Carrington
www.trinitycarrington.com
~Pastor Paul Cross~
Sun., June 30 - Worship, 9:30 a.m.; Coffee Hour, Welcome to Pastor Ritchie & Lorna, 10:30 a.m.

The Church of Jesus Christ of Latter-Day Saints Jamestown Ward
~Chris Redfean~
303-214-8739
2237 2nd St. SE
Jamestown, ND 58401
Sunday Sacrament service, 10:00 a.m.
Young Men's, Young Women's, Activity Days, Wednesday, 6:30 p.m. For information, 701-554-1867.

Faith Evangelical Free Church of Grace City
~Pastor Bruce Dick~
David Fix, Pastor of Rural Care
Ben Luethy, Pastor of Equipment
A video venue partner with Bethel EFC of Devils Lake Sunday - Sunday School, 9:00 a.m.; Worship Service, 10 a.m.
Faith Evangelical Free Church is an interdenominational church where the word of God is preached and Jesus Christ is glorified. Everyone is welcome.

Prairie Faith Glenfield
Church Office - 785-2219
Website: www.prairiefaith.org
www.Facebook.com/prairiefaith

Wednesdays - PACK Youth Group, 6 p.m.; Men's and Women's Prayer Group, 8 p.m.
Sundays - Prairie Kids, Adult Ed, 9:30 a.m.; Worship - 10:30 a.m.

KDAK Message
Listen to a Message from Pastor Rick Loewen on Sundays at 9:30 a.m. on KDAK.

St. Paul's Lutheran Church of Kensal
~Rev. Robert Hill~
Phone - 435-2873
website: www.stpaulw.org
Sunday Worship - Second and Fourth Sunday, 11:00 a.m.

United Methodist Church of Kensal
~Pastor Jeanne Sortland~
Phone - 435-2636
Sunday Worship - 9:00 a.m. Sunday School - 10:00 a.m.

Our Savior's Lutheran Church of McHenry
Sunday Worship at 10:30 a.m.

St. Peter & Paul Catholic Church, of McHenry
~Father Reese Weber~
1st, 3rd & 5th Sunday - 10:30 a.m.
2nd & 4th Sunday - 8:30 a.m.

Evangelical Free Church of New Rockford
~Pastor Joe Greiner~
nrefreechurch.org
Sundays: Fellowship, 9:30 a.m.; Worship Service, 10:30 a.m.; Mens and womens Bible study information available upon request.

First Congregational Church of New Rockford
~Pastor Mindy Meier~
Phone: 947-5221
Sunday Worship, 10 a.m.; Sunday School, 11:00 a.m.

First Lutheran Church of New Rockford
~Pastor Amy Kippen~
Sunday Worship, 10:00 a.m. KDAK Radio Broadcast, 10:00 a.m.
Wed. Worship, 6:00 p.m.

Our Savior's Lutheran Church of Pettibone
~Rev. Robert Hill~
Phone - 435-2873
website: www.stpaulw.org
Sunday Worship - Second and Fourth Sunday, 8:30 a.m.

Tri-County Ministry
Lay Ministers: Marla Larson, Truley Trautman, Gilbert Black, Marvin Goplen
JUNE

TRINITY LUTHERAN CHURCH BINFORD
Sunday Worship: 8:30 a.m.
GRACE LUTHERAN CHURCH GRACE CITY
Sunday Worship: 10:30 a.m.

St. Elizabeth Catholic Church of Sykeston
~Rev. Terry Dodge~
Sunday Mass - 11:00 a.m. Tuesday Mass - 7:00 p.m. Penance second Tuesday of the month, 6:30 p.m.

New Life Fellowship Rural Tolna
~Pastor Jeff Kapelle~
newlifefellowshipnd.com
Sunday Worship - 10:30 a.m. Watch live on the New Life Fellowship Facebook page. Dinner on second Sunday of Month.
Tuesday - Prayer Meeting, 10:00 a.m.; Ladies Bible Study, 1:00 p.m.

St. Paul's Lutheran of Wimbledon
~Rev. Robert Hill~
Phone - 435-2873
website: www.stpaulw.org
Sunday Worship - First and Third Sunday, 11:00 a.m.

Redeemer Lutheran Church of Woodworth
~Rev. Robert Hill~
Phone - 435-2873
website: www.stpaulw.org
Sunday Worship - First and Third Sunday - 8:30 a.m.

Woodworth Lutheran Church PINGREE
Sunday - Sunday School, 9:30 a.m.; Worship, 10:30 a.m.
WOODWORTH
Sunday - Worship, 9:00 a.m.;

Obituary Policy
Complete un-edited obituaries will be published at a charge of \$50.00 each. Death notices and funeral services will be published at no charge. E-mail your obituary with picture to fosterconews@daktel.com.



Can you stop and restart Social Security benefits?

by Jim Miller

Dear Savvy Senior,
Can I stop my Social Security retirement benefits and restart them later to get a bigger payment? I recently got a nice unexpected inheritance, so don't need the money from Social Security right now. If possible, I would like to suspend my benefits and restart them at age 70.

Do-over Dan

Dear Dan,
Yes, there are actually two different strategies that allow Social Security beneficiaries to undo their claiming decision. But to be eligible, there are certain conditions you'll have to meet. Here's what you should know.

Withdrawal Benefits
If you are in your first year of collecting retirement benefits, you can apply to Social Security for a "withdrawal of benefits." Social Security will let you withdraw your original application for retirement benefits, but it must be within 12 months of the date you first claimed your benefits.

If you opt for a withdrawal, Social Security will treat it as if you never applied for benefits in the first place. But there's a catch. You'll have to repay every dollar you've

received, including those of any family members who have been collecting benefits on your earnings record, such as a spouse or minor child, along with any money that was withheld from your Social Security payments - for example, to pay your Medicare premiums.

You can only withdraw your application for Social Security benefits once, but you can apply for benefits again later when the monthly amount would be larger.

To withdraw your benefits, fill out Social Security form SSA-521 (see ssa.gov/forms/ssa-521.pdf) and send the completed form to your local Social Security office.

If you change your mind, you have 60 days from the date Social Security approves your withdrawal to cancel the request.

Suspend Benefits
If, however, you miss the 12-month window, or if repaying your Social Security benefits is not financially feasible, there is another do-over option, but you'll need to be full retirement age or older to be eligible.

Full retirement age is 66 and 6 months for those born in 1957, but it rises

in two-month increments every birth year to age 67 for those born in 1960 and later. You can find your full retirement age at SSA.gov/benefits/retirement/planner/ageincrease.html.

At that point, you can "suspend" your Social Security benefit and the good news is you don't have to repay anything. But the bad news is your monthly Social Security benefits stop and so do those of any dependent family members (except a divorced spouse).

During the suspension, you will also accrue delayed retirement credits, which will increase your monthly retirement benefit by two-thirds of 1 percent for each suspended month (or 8 percent for each suspended year) up until age 70.

Suspended benefits would automatically resume at 70, or you could choose to resume Social Security benefits earlier, but you'd only receive delayed retirement credits for the period when benefits were suspended.



Jim Miller

Contact us at Foster County Independent
Phone: (701)-652-3181
Fax: 652-3286
Email: fosterconews@daktel.com
1191 Main Street • PO Box 138 Carrington, ND 58421
fosterconews.com

Public Notice

MINUTES OF MEETING OF CITY COUNCIL CITY OF CARRINGTON MAY 13, 2024

A regular meeting of the City Council of the City of Carrington was held Monday, May 13, 2024 at 7:30 PM. Council President Troy Rounly presiding.

The Pledge of Allegiance to the flag was recited.

The following members of Council and City Departments were present: Tyler Hoggarth, Trygg Olson, Doug Smith, Abby Geroux, Jason Wolsky, Christopher Bittmann, and Jennifer Gast.

Absent: Mayor Erdmann, Councilmen Fandrich and Pederson, and Attorney Ryan.

Also present: Ken Wangen, Linda Schuster, Leasa Lura, Karen Evans, Brett Ehni, and Sheila Harrington.

Brett Ehni, of the New Rockford Eagles, addressed Council asking for renewal of their gaming site authorization at the Shamrock Bar. This item will be addressed under consent agenda items.

A motion was made by Smith, seconded by Olson, to approve minutes of the regular council meeting held April 8, 2024. All voted aye. Motion carried.

A motion was made by Olson, seconded by Hoggarth, to approve consent agenda items:

- a. To ratify the following game of chance permits issued by the City Auditor: #1028 to Carrington Youth Center for a sports pool and #1029 to Carrington Youth Center for a bingo.
- b. To approve the Mayor's Arbor Day Proclamation for May 16, 2024.
- c. To waive sewer charges for the Carrington Park District's swimming pool first fill of the season.
- d. To approve the following game site authorization(s) from July 1, 2024 to June 30, 2025:
 - a. American Foundation for Wildlife at the Five Spot.

- b. Sykeston Community Club at CBS' Bar & Grill.
- c. Midway Aerie 2923 at Shamrock Bar.
- d. Carrington Wrestling Booster Club at the Chieftain.
- e. To approve records to be destroyed May 2024 per the state records retention schedule.

The following voted in favor: Hoggarth, Olson, and Smith. Against: None. Motion carried.

A motion was made by Smith, seconded by Olson, to approve a street closure application, subject to paying the \$30 fee, from the Foster County Fair from June 19-22, 2024 on 16th Ave S from 3rd St to 4th St. All voted aye. Motion carried.

COMMITTEE REPORTS FIRE DEPT:

Chief Wangen reported 2 calls since the last report, half of the new lights have been installed, tile floors were stripped and waxed, and received verbal confirmation that the FD was awarded the Carrington Community Endowment grant toward the lighting project and purchasing 6 more SCBA batteries and a charger.

FINANCE & LEGAL:

Council President Rounly reported that bids were not opened for the city hall office furniture as a quorum was not obtained for the committee meeting. Bids were opened at City Council.

A motion was made by Smith, seconded by Hoggarth, to accept the following bids from Besette Motors for \$400 for the city hall office furniture, a bid for the John Deere X340 riding lawn mower for \$513 from Merydna Guthmiller, and a bid for the Woods DS 96 rotary mower for \$1,111 from Travis Carr. The following voted in favor: Olson, Hoggarth, and Smith. Against: None. Motion carried.

CCEDC:

A motion was made by Hoggarth, seconded by Olson, to approve the Uniting for Ukraine

Sponsorship/Supporter Grant application from Tyler Carr for \$6,400. The following voted in favor: Smith, Hoggarth, and Olson. Against: None. Motion carried.

A motion was made by Smith, seconded by Olson, to approve the Uniting for Ukraine Sponsorship/Supporter Grant application from Arlo Stedman for \$4,500. The following voted in favor: Hoggarth, Olson, and Smith. Against: None. Motion carried.

A motion was made by Hoggarth, seconded by Smith, to approve the Uniting for Ukraine Sponsorship/Supporter Grant application from Arlo Stedman for \$3,100. The following voted in favor: Olson, Smith, and Hoggarth. Against: None. Motion carried.

AIRPORT:

Jason Wolsky, Airport Manager, reported they had met last Thursday and final payment was approved to Knife River Materials, CIP meetings will be held in July in Jamestown, cleanup of the Mattern property continues, and the sump pump in a hangar failed and will be replaced.

LIBRARY:

Council President Rounly reported that new security cameras are in place with a new policy and signage in place, and the Great Plains Food Bank Summer Meals Program will run through the library with pickup Tuesdays and Wednesdays from 4-5 pm and Thursdays from 9:30-10am., working on Summer Reading program, 3-year review of emergency plan was approved, and Jason and the Mayor are working on getting their parking lot fixed.

POLICE:

Committee did not meet due to lack of a quorum. Chief Bittmann reported 254 CFS, 2 terrorizing charges, 1 DUI, 1 menacing, new Officer Lentz is training, and 60 vehicles were tagged for chapter 34 for no registration, however, a correction will be issued as it was

for excessive parking.

A motion was made by Smith, seconded by Olson, to approve the Axon training and certification for the tasers at \$9,824.20 to be paid with five year payment plan. The following voted in favor: Hoggarth, Olson, and Smith. Against: None. Motion carried.

A motion was made by Olson, seconded Hoggarth, to approve 2 new cameras for the Silverado and new Tahoe for \$24,439.20 with a five year payment plan. The following voted in favor: Smith, Olson, and Hoggarth. Against: None. Motion carried.

TREE BOARD:

Doug Smith reported they had met April 10th, the tree order has been placed to TC Nursery for 25 trees, Jennifer has received phone calls of residents wanting trees, Jason and Kathy to mark trees for next round of removals, 2023 Tree City Application submitted by Jennifer was approved, and grant funds of \$10,000 received for last year's tree removal project.

PUBLIC WORKS:

Councilmen Smith reported they met and discussed Bohlman Trenching cleanup at the water loop project, bid opening on PW equipment, NDRW training to be held at the fire hall on May 15th, re-doing counters in the lab part of the water plant, high service building getting 3 new windows, lights south on 281 getting replaced, and releasing water out of lagoon with tests with good numbers.

A motion was made by Olson, seconded by Hoggarth, to approve the SIRN 2020 Tower lease and use agreement authorizing Mayor Erdmann or Council President Rounly to sign. The following voted in favor: Olson, Hoggarth, and Smith. Against: None. Motion carried.

A motion was made by Olson, seconded by Hoggarth, to authorize AA to use armory board room temporarily, while the courthouse is

out of use, the second Wednesday of the month. All voted aye. Motion carried.

BUILDING OFFICIAL:

Public Works Director Wolsky reported 15 building permits were issued and Planning & Zoning is having a public hearing on setback variance application from Foster County Fairboard.

A motion was made by Hoggarth, seconded by Smith, to approve the committee reports as presented. All voted aye. Motion carried.

A motion was made by Smith, seconded by Olson, to approve the bills as previously submitted and listed on agenda. The following voted in favor: Hoggarth, Olson, and Smith. Against: None. Motion carried.

There being no further business to come before the council a motion was made by Hoggarth, seconded by Olson, to adjourn. All voted aye. Motion carried.

Adjourned at 8:13 pm.

Bills: United States Treasury, \$6,716.35; NDPEERS, 212.50; United States Treasury, 8,030.68; NDPEERS, 15,324.51; NDPEERS, 212.50; United States Treasury, 6,925.74; LEAF, 231.00; AT&T Mobility, 357.80; Montana Dakota Utilities, 1,442.11; Unum Life Insurance Company, 78.22; Postmaster, 327.64; AFLAC, 74.20; Carrington Rose Garden, 360.00; LEAF, 55.00.

Jamestown Communications, Inc., 336.50; Aqua-Pure, Inc., 801.98; John Deere Financial, 8,800.00; P.A.C.K. Construction, Inc., 560.00; Hager, Darrell, 10.12; Zink, Tucker, 10.11; Advanced Business Methods, 267.60; Amazon Capital Services, 2,141.10; Aramark, 303.88; Arrowwood Prairie Co-op, 727.32.

Auto Value Carrington, 12.50; Avid Hawk LLC, 105.00; Axon Enterprises, 5,240.19; Balco Uniform Co., 225.36; Bank of North Dakota, 21,125.52; Besette Motors, Inc.,

6,735.30; Bittman, Christopher, 817.23; Blue Cross Blue Shield of ND, 22,583.00; Carrington Park District, 1,538.93; Carrington Motor, Inc., 1,188.88; Carrington City Library Petty Cash, 136.51; Central City Lumber, 59.95.

Central City H20+, 84.00; City of Carrington, 910.39; City of Carrington Petty Cash, 17.55; City of Carrington - Meter Depo, 229.77; C&J Oil Co., 1,828.64; Core & Main, 545.98; Carrington Convention & Visitors Bureau, 1,883.88; Dakota Central Telecom, 1,265.29; Dalsted & Ryan P.C., 1,646.00; Diamond Mowers, Inc., 1,037.48; Dollar General, 38.60.

Foster County Independent, 1,178.23; Foster's Cleaning Service, 575.00; Gussiaas Electric LLC, 14,171.78; Hawkins, Inc., 1,682.98; Immense Impact, LLC, 945.00; Information Technology Dept., 100.25; JK Designs, 72.00; Carrington Economic Development, 37,289.76; KH, LLC, 30,000.00; Kracht Implement, 254.45; Leavers' Foods, 81.56; Lexis Nexis Matthew Bender, 81.60; ND Dept. of Health, 50.00; NDDEQ, 153.60.

ND Rural Water Systems Association, 265.00; One Call Concepts, 52.50; NDSCS Foundation, 1,062.50; Neumiller Small Engine Repair, 237.51; Northern Plains Electric Co-op, 778.40; Office of the State Auditor, 605.00; Ormiston, Chris, 171.52; Ottertail Power Co., 8,199.71; Patriot Fuels, 1,291.25; Proforms, 48.65; Running's Supply, Inc., 631.32; Running's Supply, Inc., 619.94; Secretary of State, 36.00; Stedman, Randy, 3,100.00; TCNursery, 4,650.00; Waste Management of ND, 30,888.50; Rick's Wholesale Tire, 135.00.

Payroll: May 17, 2024, \$24,682.61; May 31, \$28,554.87.

Jennifer Gast, Auditor
Tom Erdmann, Mayor
Carrington City Council
(Publish June 24, 2024)

SYKESTON CITY COUNCIL MEETING MINUTES MAY 14, 2024

Present: Rick Richter, Dennis Johnson, Bob Stricker, Richard Hatch, Emily Young, Nick Brown, Bev Hafner, Brad Tweed, and Kathy Lesmeister. Absent: Vic Park.

Meeting called to order at 6:00 pm. Minutes were read and approved with this change: Troy Hafner instead of Brad Tweed was the person that moved the antennae on the Water Treatment Plant; 1st Dennis 2nd Rick.

Bills and finances were presented and approved; 1st by Dennis and 2nd by Rick.

May Bills: Central Plains 140505 gal \$873.03, Ottertail Power \$662.06, DCT \$43.19, City of Fargo \$14.00, Double M Sanitation \$2343.75, Independent \$84.96, Kathy Lesmeister \$554.10, Jon Oatis \$277.05, Rick's Wholesale \$363.60, High Plains Equipment \$26.25, Farmers Union Insurance \$2876.00, Postage \$142.00, Hafner Farms \$300.00, and Wells County Treasurer's Office \$500.00.

April Income: Garbage \$1718.00, General \$2668.29, Highway \$680.37, Sewer \$380.00, Maintenance \$675.00, Water \$1189.77, and Water Tower \$1900.00.

Old Business: Rick talked to Mason Wede about spraying with the drone for cattails around the lagoon. It would cost around \$1000.00 and was recommended that cattails be sprayed in the Fall. Rick reported on the invoice from the Railroad. It is auto generated and to ignore it.

The transfer of property ownership of the Fire/City Hall was discussed. Brad stated the Fire Protection District is non-profit. He will talk to the attorney that the City has used in the past and work on getting an agreement drawn up for the transfer of property.

New Business: Dennis brought up that the vehicle being used to deliver mail probably should not be parked on the North side of the City where the roll off dumpster was sitting previously. It was suggested that maybe park it behind the Post Office when not being used by the person delivering mail. Rick said he would talk to the owner and have them move it since he was the one that said to park the vehicle there until the subject was brought up at the Council meeting tonight.

The Sykeston Community Club will be dealing with the expense of the porta potty, Kim's Septic Service, by the boat dock instead of going thru the City this year.

Emily Young and Nick Brown, the new owners of the old Legion building, elaborated on what they plan on doing with the building and a time table for completion. A liquor establishment, bar food, pull tabs and electronic gaming, enclosed patio and an area for games. Emily stated that minors would be allowed in the game area until 9 pm. The process for an alcoholic license permit was explained to Emily and Nick and also what would be probable cause for the license to be revoked or suspended by the State of ND, City of Sykeston or Wells County Sheriffs Department. An application was given to Emily. Brad Tweed, Fire Chief, explained how the seating capacity was determined and what would probably be needed for a sprinkler system to meet state requirements. Brad also stated that keep him in the loop and if they had more questions, he would be happy to answer them.

The correspondence was presented. The ND Sewage Pump and Lift Station Service Company sent a contract to consider for continuation of servicing the Lift Station. After reviewing the contract it was

decided to accept, 1st by Dennis and 2nd by Rick. Dennis up the lake road from the stop sign to the dam. The ND Game and Fish Department was contacted about the condition of this road. A grant agreement between the Game and Fish Department and the City of Sykeston was discussed. It was in agreement to proceed with the Sykeston Dam-Road Gravel Project that will include a new culvert and 400 yards of class 5 gravel on the main access road to the Sykeston Dam and parking area by the boat dock. 1st by Dennis 2nd by Rick.

A roll off dumpster was decided that it would be a good idea to bring one in this Fall. A request will be presented to the Sykeston Community Club for financial assistance.

The grant dealing with the waterlines and generators did not get approved on this round and will be resubmitted again in the next round.

Sewer paperwork dealing with lagoon sampling of Cell 4 was dealt with. A preliminary financial budget was requested to be submitted at the next meeting for discussion.

The soft spots in the gravel roads are getting better as more of the frost is coming out. The box scraper has been used to try and fill in the ruts in the soft spots and to keep the areas more level.

Meeting adjourned at 7:00 pm. Next meeting is June 11, 2024 at 6:00pm.

Reminder: June 11th is Election day for Park Board Council and City Council.

Kathy Lesmeister, Auditor
Rich Richter, Mayor,
Sykeston City Council
(Publish June 24, 2024)

MINUTES OF MEETING CARRINGTON SCHOOL DISTRICT #49 SCHOOL BOARD MEETING MAY 14, 2024

A regular meeting of the Carrington School District #49 School Board was held on May 14, 2024, at 4:00 P.M. in the high school ITV room. Present: Tonia Erickson, Angela Kutz, Dr. Ben Garr, and Joel Lemer. Absent: Kevin Wolsky. Kimary Edland recorded the minutes.

President Lemer called the meeting to order at 4:02 P.M. and declared a quorum present. By consensus the Board added an FBLA presentation to the Agenda.

A group of students who qualified for National FBLA gave their presentation.

It was moved by Erickson, seconded by Kutz and carried (all voting yes on a voice vote) to approve the minutes from April 9, 2024, and April 25, 2024.

Financial reports for the Activity Fund, Special Reserve, Building, Special Assessment, Capital Projects, General, and Hot Lunch Funds were reviewed. It was moved by Kutz, seconded by Erickson and carried (all voting yes on a voice vote) to accept the reports as presented.

It was moved by Kutz, seconded by Erickson and carried (all voting yes on a voice vote) to approve the check registers and payment of bills.

Mrs. Helseth presented elementary updates including the Cardinal Way Award to transitions; benchmark fluency testing; grades PreK-3 Princess Party Pals; grades 3-6 Ag in the gym; 1st and 5th grade seatbelt safety program; 4th grade field trip to Bismarck, 4th grade band open house; Miss North Dakota assembly; millionaire treats; 1st grade tree planting; 6th grade tour of middle school; 3rd grade gardening lesson; Field Days; grades 4-6

Progressive Ag Day; awards ceremony and AR kickball; and Pre-K registration for 2024/25 is 38 and Kindergarten is 46. She reported that the staff is busy with grade level planning meetings, planning summer school, requisitions, and classroom assignments.

Mr. Weber presented high school updates on state testing, FFA blood drive, Honors Night, seniors to NDSU library, state music, the spring concert, and Arts Expo. He also presented an update on the MTSS playbook; that he attended the region principal meeting and scheduler conference in Bismarck. Discussion was held on whether the Carrington School should continue to give the ACT test to seniors. By consensus the Board agreed that the school should continue with the seniors taking the test and the school paying for them to take the test.

Mrs. Helm reported on staff appreciation week, new kitchen employees, the NE Region superintendent meeting, and the staff social. She also has offered work agreements to the following: April Bernston-head track; Riley Lura & Walker Carr - Co-head JH WR; Walker Carr - assistant FB; Taylor Braaten - assistant archery; Lauren Peterson - 5th grade GBB & JH GBB; Kadyn Mehring - 5th grade VB; Kristen Hewitt - NHS; Kevin Wolsky & Jared Volk - Co-head JH FB. She also reported that Caitlin Good resigned from speech and Justin Jensen from JH WR.

It was moved by Erickson, seconded by Kutz, and carried (all members voting yes on a voice vote) to approve the first reading of the elementary school handbook.

It was moved by Erickson, seconded by Kutz, and carried (all members voting yes on a voice vote) to approve the first reading of the high school handbook.

It was moved by Erickson, seconded by Garr, and carried (all members voting yes on a voice vote) to offer a teaching contract to Walker Carr (BA,0) as a high school teacher contingent upon him completing the American Board certification.

It was moved by Erickson, seconded by Kutz and carried (all members voting yes on voice vote) to approve purchasing new goal posts for Cardinal Stadium.

It was moved by Kutz, seconded by Garr and carried (all members voting yes on a voice vote) to set July 9, 2024, 11:00 AM - 7:00 PM, Carrington High School commons as the date, time, and place for the school board election for the question to the voters of shall the Carrington School District School Board be allowed to increase their levying authority for the building fund from 5 mills to up to 10 mills.

It was moved by Garr, seconded by Erickson and carried (all members voting yes on a voice vote) to approve the following officials for the June 4th, 2024, election: clerks - Jane Fredrickson and Amber Trostad and judges - Jill Fandrich and Kasey Eversvik.

The next regular meeting of the School Board will be June 11, 2024, at 7 :00 P.M. A special meeting will be held on May 16, 2024, at 7:00 PM to review the plans with community members for the high school expansion project and another special meeting for July 17, 2024, at 8:00 PM to canvass the votes.

Bills: General Fund: ACT, \$765.00; Almond, Melinda, 65.00; Arrowwood Prairie Co-op, 4,496.67; Auto Value Carrington, 21.95; Bismarck Hotel & Conference Center, 2,696.40; Bremer Insurance, Inc., 881.00; C&J Oil Co., 4,025.84; Carrington Motor Co., 7,467.81; Carrington School Activity Acc., 4,600.00; Central

Business Systems, Inc., 1,450.02.

Central City Lumber, 312.66; City of Carrington, 1,837.64; Dakota Central Telecommunications, 603.24; Ecolab, 280.00; Edu-Tech, 20.00; Engraphix, 75.00; Foster County Independent, 756.64; Gilliss, Shania, 90.00; HB Sound & Light, Inc., 3,453.51; Helm, Janelle, 57.62; Helseth, Jenna, 36.00; Holiday Inn of Fargo, 96.30; State Truck Center, 3,501.59; James Mbugua, 25.00.

JK Designs, 1,425.00; Jones School Supply Co., 203.31; Jostens, 198.95; Katie Peterson, 96.03; Larsen Plumbing, Heating & A/C, Inc., 1,578.35; Leaf, 396.00; Leavers Foods, 1,063.10; Levi Hagen, 162.00; Linde Gas & Equipment, 93.74; Lisa Weninger, 875.00; Michaelson, Karla, 45.00; Morgan, Brady, 66.79; NDCEL, 50.00; NDHSAA, 270.00; Network Services Co., 1,270.95.

Ottertail Power Company, 8,990.80; Patriot Fuels, 64.11; Pipestem Alcohol & Drug Network, 455.00; Popplers Music Store, 316.93; Purchase Power, 1,009.75; Quill, 763.80; Red River Glazing, Inc., 475.00; Ringerud Piano Service, 105.00; Rosenau Equipment DBA Central City Repair, 186.48.

Runnings, 1,314.77; School Specialty, LLC, 348.54; SEEC, 2,500.00; Sports Awards, 50.17; Summit Physical Therapy & Sports Performance, PC, 262.50; Time Management Systems, 163.20; Todd Cameron, 351.15; Tricornie Audio, Inc., 1,245.00; US Food Service, 13.47; WEX, 79.25.

Sinking & Interest: Bank of North Dakota, \$183,112.29; US Bank, 470.00.

Hot Lunch Fund: Carrie Heid, \$8.65; Central City H20+, 361.80; Custom Kut Meat, Inc., 984.00; Dept. of Public Instruction, 223.29; Joe Everson, 18.85; Larsen Plumbing, Heating & A/C, Inc., 500.00; Leavers Foods, 38.43; Meadow Sweet Dairy, 4,577.40; Network Services Co., 541.16; Pan-O-Gold Baking Co., 1,374.66; Pizza Ranch - Carrington, 1,764.00; Sysco, 3,703.39; US Food Service, 15,456.04.

Activity Fund: Aaron Lura, \$204.26; Alex Friedt, 507.50; Bakers Dozen, 215.25; Bickett, Todd, 204.26; Bismarck Hotel & Conference Center, 3,167.20; Brenda

Klein, 102.13; Brock Lura, 204.26; BSN Sports, 3,332.67; Carrie Heid, 75.00; Carrington Drug, Inc., 29.04; Carrington School Activity Acc., 7,085.50; Carrington School General Fund, 1,785.00; Carrington Sports Boosters, 217.00; Central City H20+, 312.00; Central City Lumber, 282.57.

Chad Hoornaert, 204.26; Chris Mertz, 230.00; Clinton Sherman, 102.13; Dakota Central, 886.81; Deb Clifton, 102.13; Doug Retzlaff, 204.26; Foster County Independent, 675.00; Garr, Ben, 408.52; Gaylene Mittleider, 102.13; Geron Harris, 306.39; Gerrells and Co., Inc., 844.11; Good, Caitlin, 45.00; Hallwachs, Renee, 204.26; Heart Rate, Inc., 5,995.00; Hoeckle, Greg, 204.26; Holiday Inn of Fargo, 238.00.

Jade Bolk, 19.00; Jamane Schroeder, 102.13; Jane Van-Ray, 204.26; Jeff Pate, 102.13; Jennifer Gast, 408.52; Jennifer Smith, 204.26; Johnson, David, 204.26; Julie Harrington, 102.13; Kovar, Kip, 204.26; Larson, Brenda, 300.00; Leavers Foods, 178.50; Lisa Weninger, 204.26; Michael Rexin, 204.26; Morellis Distributing, 14,446.00.

National FFA Organization, 337.25; ND FFA Association, 40.00; NDCEL, 400.00; Nicole Threadgold, 102.13; Otto, Jason, 306.39; Prairie Inn Restaurant, 190.00; Revolving Fund, 598.97; Runnings, 56.37; Ryan Larson, 200.00; Sarah Aberle, 102.13; Schaefer, Amie, 102.13; Shawn Neumiller, 102.13; Sherri Roller, 102.13; Shipman, Wayne, 102.13; Skytland, Josey, 200.00; Smith, Layne, 204.26; Tammi Lindberg, 367.13; Tara Skadberg, 102.13; Troy Lura, 102.13; Valentina Ciubotoreanu, 102.13; Wendel, Mary, 204.26; Wobbema, Kenneth, 102.13.

Added Bills: General Fund: Commercial Card Solutions, \$4,412.04; Foster County Medical Center, 100.00; MDU, 3,813.09; WEX, 72.25.

Hot Lunch Fund: Carrington School General Fund, \$410.00.

Activity Fund: ACT, \$169.00; Braxton Hewitt, 122.50; Carrington School General Fund, 2,617.64; Freeman, Dennis, 122.50; Geron Harris, 100.00; Jim Hirsch, 122.50; Kyle Hewitt, 122.50.

Bills Already Paid: MDU,

\$3,307.04; Travelworld, 2,450.00; Miss ND Scholarship Organization, 150.00; Carrington School Payroll, 450.00.00.

Dennis Freeman, 122.50; Jim Hirsch, 152.00; Kyle Hewitt, 274.50; NASP, Inc., 105.00; May-Port CG School District #14, 60.00; Travelworld, 58,640.00; Braxton Hewitt, 473.00; Cooperstown Country Club, 50.00; Cottonwood Golf Course, 50.00; Dakota Prairie Public Schools, 76.00; Enderlin Golf Course, 50.00; Fessenden Bowdon Public School, 200.00; Dennis Freeman, 245.00; Goose River Golf Club, 50.00; Jim Hirsch, 495.27; Kyle Hewitt, 245.00; ND Softball All Stars, 200.00; Osgood Golf Course, 50.00.

Oxbow Country Club, 50.00; Park River School, 150.00; Rose Creek Golf Course, 50.00; Village Green Golf Course, 75.00; Buffalo City Running Club, 200.00; Devils Lake High School, 400.00; Fargo Country Club, 100.00; Fessenden Bowdon Public School, 200.00; Dennis Freeman, 122.50; Kyle Hewitt, 122.50; Maple River Golf Club, 50.00; Mayville Golf Course, 50.00.

SPECIAL MEETING MAY 16, 2024

A special meeting of the Carrington School District #49 School Board was held in the East Commons on May 16, 2024, at 7:00 p.m. Present: Joel Lemer, Kevin Wolsky, Angela Kutz, Ben Garr, and Tonia Erickson. Kimary Edland recorded the minutes.

President Lemer called the meeting to order at 7:04 p.m. and declared a quorum present.

The purpose of the meeting was to provide information and answer questions about increasing our current building fund mill levy from 5 to 10 mills as proposed by the Carrington School Board and to review the plans with community members for the high school expansion project.

There being no community members present, the Board adjourned at 7:05 P.M.

Kimary Edland, Business Manager
Joel Lemer, President
Carrington Public School District Board of Education
(Publish June 24, 2024)

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Public Notice

FOSTER COUNTY INDEPENDENT

Agronomy tours highlight Carrington Research Center Field Day on July 16

Crop agronomics, marketing, and pest management are among the topics that will be covered during the annual field day Tuesday, July 16, at North Dakota State University's Carrington Research Extension Center (CREC).

"This is the premier summer event to showcase our center's research and hear about exciting new developments in production agriculture. The best part is the information is generated locally, which gives people a chance to see and hear about what works in their region," says Mike Ostlie, CREC director. Speakers primarily will be NDSU crop scientists and Extension specialists.

The agronomy production tour is one of several tours offered during the morning of the field day. Other tours are livestock, northern hardy fruit, and organic and sustainable agriculture. An afternoon tour will focus on agronomics and outlook of specialty crops.

The center's 65th annual field day begins at 9 a.m. with registration, coffee and a welcome address by NDSU leaders, including NDSU President David Cook, and special guests. At 9:30, attendees will have the opportunity to choose from four tour options that run concurrently. Lunch will be served at noon with an afternoon



Field Day participants will see research in action and receive and innovative solutions to address agricultural challenges.

tour on specialty crops available from 1:15 to 3 p.m.

Topics and speakers are:

- NDSU crop breeder updates on spring wheat and dry beans – Andrew Green, wheat breeder, NDSU Department of Plant Sciences, Fargo, and Juan Osorno, dry bean breeder, NDSU Department of Plant Sciences
- Managing kochia and other difficult weeds in corn and soybean – Joe Ikley, Extension weed specialist, NDSU Department of Plant Sciences
- Soybean marketing and crush facility updates – David Ripplinger, Extension bioproducts/bioenergy economist, NDSU Agribusiness and Applied Economics, Fargo
- Nitrogen and mi-

crobe fate in different cropping and tillage systems – Kelsey Griesheim, Soil Fertility, NDSU School of Natural Resource Sciences, Fargo, Samiran Banerjee, NDSU Microbiological Sciences, Fargo, Sergio Cabello Leiva, soil scientist at the CREC

• Dry bean fungicide application recommendations for 2024 – Michael Wunsch, research plant pathologist, CREC

After lunch, participants have the opportunity to attend an afternoon tour on specialty crops. Topics include lupin, kernza, pennycress, sorghum and cover crops. The tour will provide hands-on experience with these crops and share information about production, opportunities and pitfalls for these crops, all of which have emerg-

ing markets in North Dakota. Speakers include Kristin Simons, agronomist, CREC, Mike Ostlie, director of the CREC, Cabello Leiva, Lindsay Malone, climate smart approaches in ag, NDSU School of Natural Resources, Fargo, and David Marks from Forever Green.

The noon meal is free of charge thanks in part to support from Green Bison Soy Processing and the Carrington Research Extension Center.

The CREC is 3.5 miles north of Carrington on U.S. Highway 281.

For more information, contact the center at 701-652-2951 or visit ndsu.ag/crec-field-day.

Direct any further questions to Mike Ostlie at 701-652-2951 or by email at mike.ostlie@ndsu.edu.

DAKOTA DATEBOOK

Counting sheep

While sheep probably aren't uppermost in our minds when we think of North Dakota, they aren't exactly divorced from our state, either. In the past, sheep and other livestock were a way to the future. In an agricultural state like North Dakota, that sort of way to the future was important.

On June 26 in 1929, North Dakota had made an important decision and had set a goal for the state: They were going to place a million sheep in North Dakota by 1932.

Little Bo Peep would be thrilled. But these lambs weren't just for her.

There were 582,000 sheep in North Dakota at this time, and that number was an increase of over 130% in the last six years as a result of an ongoing sheep campaign, which was in place through the railroads, the Agricultural Credit Corporation of Minneapolis, and the Agricultural College, which is now Fargo's North Dakota State University.

A.J. Dexter, agricultural development agent of the Northern Pacific Railway, said part of the reasoning behind this decision was that "the number of sheep per capita in the United States today is much less than at any time in the history of the country, though," he added, "it should be said that the production of pounds of lamb and wool per ewe has been increased by better breeding, feed and care."

Dexter emphasized that more sheep and the expansion of that industry would be desirable economically for North Dakota. He produced figures showing the number of sheep falling in the Corn Belt, the upper Mississippi Valley, South Dakota and Wisconsin. But North Dakota's increases "more than made up for" the decrease and stagnation. Moreover, sheep figures around the world were declining. Dexter asserted that he firmly believed that "there is not a state in the union in a more favorable position in regard to average age of its sheep than North Dakota, nor in as good condition to withstand any possible decline in sheep prices if it should come." He also said that "since 1867, the purchasing power of sheep has had an upward trend."

Certainly it would make good business for the railroad, as well as the farmer, since sheep would be shipped by train to the different parts of North Dakota.

In the end, some did get into the sheep business. And it seems likely that after counting all those sheep, they got a good night's sleep.

Dakota Datebook written by Sarah Walker. "Dakota Datebook" is a radio series from Prairie Public in partnership with the State Historical Society of North Dakota and with funding from the North Dakota Humanities Council. See all the Dakota Datebooks at prairiepublic.org, subscribe to the "Dakota Datebook" podcast, or buy the Dakota Datebook book at shop-prairiepublic.org.

Annual Drinking Water Quality Report City of Carrington

We're pleased to present to you this year's Annual Drinking Water Report. This report is designed to inform you about the safe clean water we deliver to you every day. Our constant goal is to provide you with a safe and dependable supply of drinking water. We want you to understand the efforts we make to continually improve the water treatment process and protect our water resources. We are committed to ensuring the quality of your water. Our water source is three wells, which draw from the Carrington Aquifer.

We have a wellhead protection plan available from our office that provides more information, such as, potential sources of contamination. Our water system has completed a delineation and contaminant/land use inventory, and based on this information, our source water has been determined to be susceptible to potential sources of contamination.

If you have any questions about this report or concerning your water quality, please contact Jordan Wolf at the Water Treatment Plant (701) - 652-2095. We want our valued customers to be informed about their water utility. If you want to learn more, please attend any of our regularly scheduled meetings. They are held on the second Monday of every month at 7:30 at City Hall, 103 10th Avenue North. If you are aware of non-English speaking individuals who need help with the appropriate language translation, please call Jordan Wolf at the number listed above.

The City of Carrington would appreciate it if large volume water customers post copies of the report in conspicuous locations or distribute them to tenants, residents, patients, students, and/or employees, so individuals who consume the water, but do not receive a water bill can learn about our water system.

The City of Carrington routinely monitors for contaminants in your drinking water according to Federal and State laws. This table shows the results of our monitoring for the period of **January 1st to December 31st, 2023.**

The sources of drinking water (both tap and bottled water) include rivers, lakes, streams, ponds, reservoirs, springs and wells. As water travels over the surface of the land, or through the ground, it dissolves naturally-occurring minerals and, in some cases, radioactive material, and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water include:

- **Microbial contaminants**, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations and wildlife.
- **Inorganic contaminants**, such as salts and metals, which can be naturally-occurring or result from urban stormwater, industrial or domestic wastewater discharges, oil production, mining or farming.
- **Pesticides and herbicides**, which come from a variety of sources such as agriculture, urban stormwater runoff and residential uses.
- **Organic chemical contaminants**, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban stormwater runoff and septic systems.
- **Radioactive contaminants**, which can be naturally-occurring or be the result oil and gas production and mining activities.

In order to ensure that tap water is safe to drink, the Environmental Protection Agency (EPA) prescribes regulations which limit the amount of certain contaminants in water provided by public water systems. The Food and Drug Administration (FDA) regulations establish limits for contaminants in bottled water which must provide the same protection for public health.

MCLs are set at very stringent levels. To understand the possible health effects described for many regulated contaminants, a person would have to drink two liters of water every day for a lifetime to have a one-in-a-million chance of having the described health effect.

As authorized and approved by EPA, the state has reduced monitoring requirements for certain contaminants to less than once per year because the concentrations of these contaminants are not expected to vary significantly from year to year. Some of our data (ie. For organic contaminants), though representative, is more than one year old.

In this table you will find many terms and abbreviations you might not be familiar with. To help you better understand these terms we've provided the following definitions.

- **Non-Detects (ND)** - laboratory analysis indicates that the contaminant is not present.
- **Parts per million (ppm) or Milligrams per liter (mg/l)** - one part per million corresponds to one milligram in two years or a single penny in \$10,000.
- **Parts per billion (ppb) or Micrograms per liter (mg/l)** - one part per billion corresponds to one minute in 2,000 years or a single penny in \$10,000,000.
- **Picocuries per liter (pCi/L)** - picocuries per liter is a measure of the radioactivity in water.
- **Action Level (AL)** - the concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.
- **Maximum Contaminant Level** - The "Maximum Allowed" (MCL) is the highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
- **Maximum Contaminant Level Goal** - The "Goal" (MCLG) is the level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.
- **(MRDL) Maximum Residual Disinfectant Level** - The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.
- **(MRDLG) Maximum Residual Disinfectant Level Goal** - The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.

Barium	No	0.0156	N/A	2017	ppm	2	2	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits
Fluoride	No	1.09	N/A	2017	ppm	4	4	Erosion of natural deposits; Water additive which promotes strong teeth; Discharge from fertilizer and aluminum factories
Nitrate	No	0.038	N/A	2023	ppm	10	10	Erosion of natural deposits; runoff from fertilizer use; leaching from septic tanks; sewage

Disinfectants								
Chlorine	No	1.5	1.24 to 1.64	2023	ppm	4	4.0	Water additive used to control microbes

Stage 2 Disinfection Byproducts								
Total Haloacetic Acids (HAA5)	No	14	4.61 to 4.62	2023	ppb	N/A	60	By-product of drinking water chlorination
Total Trihalomethanes (TTHM)	No	69	37.36 to 38.3	2023	ppb	N/A	80	By-product of drinking water chlorination

Lead/Copper						
	Date (Year)	# Samples	Action Level (AL)	90 th Percentile	Samples Exceed AL	Units
Copper 90 th Percentile	2021	10	1.3	No detect	0	ppm
Lead 90 th Percentile	2021	10	15	3.56	0	ppb

Number of sites that exceeded the action level for lead and copper - 0.

Likely Source	
Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives	
Corrosion of household plumbing systems; erosion of natural deposits	

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. The City of Carrington is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. Use water from the cold tap for drinking and cooking. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to 2 minutes before using water for drinking or cooking. If you are concerned about lead in your drinking water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at <http://www.epa.gov/safewater/lead>.

EPA requires monitoring of over 80 drinking water contaminants. Those contaminants listed in the table above are the only contaminants detected in your drinking water.

What does this mean?

We're proud that your drinking water meets or exceeds all Federal and State requirements. We have learned through our monitoring and testing that some contaminants have been detected. The EPA has determined that your water IS SAFE at these levels.

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that the water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline (1-800-426-4791).

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons, such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by cryptosporidium and other microbiological contaminants are available from the Safe Drinking Water Hotline (1-800-426-4791).

Thank you for allowing us to provide your family with clean, quality water this year. In order to maintain a safe and dependable water supply we sometimes need to make improvements that will benefit all of our customers. These improvements sometimes require rate structure adjustments.

The personnel of the Public Works Department work around the clock to provide top quality water to every tap. We ask that all our customers help us protect our water sources, which are the heart of our community, our way of life, and our children's future.

I'm pleased to report that our drinking water is safe and meets federal and state requirements - Mayor, Tom Erdmann

(Publish June 24, 2024)

TEST RESULTS								
Contaminant	Violation Yes/No	Level Detected	Range	Date (Year)	Unit	MCLG	MCL	Likely Source of Contamination
Inorganic Contaminants								
Arsenic	No	3.86	N/A	2016	ppb	0	10	Erosion of natural deposits; Runoff from orchards; runoff from glass and electronics production waste

COLLEGE NATIONAL FINALS RODEO

BOOTE MAKES CNFR FINALS



Jory Boote, competing for Dickinson State at the College National Finals Rodeo (CNFR) in Casper, Wyo., gets the rope around his calf and prepares to dismount in his tie-down roping round. (Photo courtesy of Jackie Jensen Photography)

Binford cowboy places 11th in tie-down roping —

BY ERIK GJOVIK

Jory Boote of Binford finished his collegiate rodeo career on the grandest stage of all for scholastic cowpokes, the College National Finals Rodeo (CNFR) from the Ford Wyoming Center in Casper, Wyo.

Boote, a Dickinson State senior, competed in the tie-down roping event, and made the short go (final round) after three preliminary rounds went in the books. He would place 11th in the nation with a combined time of 36.6 seconds on three successful attempts.

He had a 13.5 second attempt in round one, which was 16th best among all competitors. In round two, he submitted a 12.9 (22nd) and a 10.2 (12th) in round three.

Boote's consistency helped him land a short go slot, but his luck ran out in the finals when the judges ruled that he did not "daylight" his calf, or pick it up or flank it correctly off the ground to all four feet. Because of that, his time of 10.4, which would have been sixth best in finals, was disallowed.

He is the son of Alan and Nikki Boote of Binford. His family's DSU graduation story can be found in this week's Independent as part of the Collegiate Congratulations section.

North Dakota Outdoors

By Doug Leier
N.D. Game & Fish

Working to reduce the bullhead population

As a kid growing up in the 1980s, fishing was about opportunity. Thankfully, North Dakota forefathers set up most communities near a waterway for transportation and goods. For me it was less about necessity and more about my ability to ride a bike to the river where I was certain to catch a pike or perch, but most often it was a bullhead on the end of my hook.

I wasn't a very good angler and not much has changed. I actually tried to fool myself and set myself goals on catching a whopper bullhead (2 pounds if your wondering), but I wasn't even able to score a whopper patch for the less desirable fish.

For most anglers then and now, the bullhead is the equivalent of a dandelion as both are rather common and not appreciated. And like a lover of dandelion-free lawns, the Game and Fish Department continues to work toward reducing these pesky fish.

The Department introduced a predator into a Morton County lake in 2023 in hopes of controlling a bloated bullhead population that provides little value to anglers.

The introduction of thousands of channel catfish into the 278-acre Sweet Briar Lake last spring was the start of a two-year collaborative study with the University of North Dakota.

"Every lake only has a certain amount of energy within that system, and there's only a certain amount of space for the fish in there," said Tyler Bennett, UND master's student conducting the field sampling in the study. "When you have these overabundant black bullhead populations, that takes away space and productivity that can go into your more desirable game fish populations like walleye, northern pike, yellow perch or bluegills."

Paul Bailey, Department district fishery supervisor in Bismarck, added that while the goal is to significantly trim the bullhead population, an added benefit is the thousands of catfish released into the lake over time will also provide some value to anglers.

The roughly 4,000 catfish, weighing about 2 pounds on average, stocked in Sweet Briar for the study were trapped in Lake Oahe in April 2023.

In spring, Bennett and crew conducted a mark-recapture estimate on bullheads in the lake. Of those bullheads captured in nets, they clipped the adipose fins on fish longer than 6 inches.

"So far, we've seen that these catfish have certainly fed fairly well on black bullheads, especially when we initially stocked them this spring," Bailey said. "Then these catfish tended to shift their diet a little bit during summer, eating more crayfish, and because we had a good hatch of grasshoppers, they were eating grasshoppers that ended up in the lake."

In spring, when the catfish were introduced to Sweet Briar, Bennett said bullheads made up about 40% of total mass within a catfish's diet. The hope was, as the grasshopper population thinned, along with other summertime foraging items, that the catfish would return to concentrating on bullheads.

Because fishery managers have so few tools to manage troublesome bullhead populations in North Dakota waters, it's hoped the findings from the two-year study will reveal a solution.

"What we wish to gain is some better guidance on how to use this technique of using channel catfish to control bullheads," Bailey said. "If so, we'll be able to apply it to other lakes that are having issues with bullhead overabundance, with the idea of improving angling opportunities in those waters as well."



Because fishery managers have so few tools to manage troublesome bullhead populations in North Dakota waters, it's hoped that the findings from the two-year study will reveal a solution.

Post 25 stuns Sox in 9

Win 5-3 over N.R. Post 30 in opener; fall in 5-inning nightcap, 5-4 —

BY ERIK GJOVIK

Another classic in the latest installment of the Carrington/New Rockford hardball rivalry came to pass at Jim Johnson Park on the southern edge of New Rockford.

This time, the Post 25 Redbirds went two innings beyond regulation length to finish off the Post 30 Black Sox, 5-3, in a Thursday, June 13 affair originally slated as a home game, but which switched to the Sox's home field due to ongoing renovation work at the City Park diamond.

The visitors on this day scratched across single runs in the third, sixth and seventh innings, with one of those a Ryder Bickett solo home run. He would also account for a double in the first game, which counted in the District 4 league standings.

Post 25 starting pitcher Grady Shipman mowed through the Black Sox batting order for the first five innings, until Post 30 halved the Redbirds' lead to 2-1 in the bottom of the sixth inning.

An insurance run in the top of the seventh looked



New Rockford catcher **Bradyn Collier** and Carrington baserunner **Ryder Bickett** collide on this play at the plate. (Photos by Lora Wobbema)

like it would hold, but Post 30 tied the game in their final chance at-bat.

Shipman had a two-run double in the top of the ninth to break the deadlock, and Kael Kovar got three outs for the save to

preserve the victory.

Kovar would add two hits and stole three bases. Kyle Johnson also had an RBI single, and Owen Hagel, Tate Wolsky and Jack Erickson had the other hits in Post 25's column.

The loss spoiled a gritty outing by the Black Sox's Easton Simon, who went all nine innings and scattered nine hits, all while striking out three 'Birds. Four of his five runs surrendered were earned.

Keaton Cudworth hit a double for Post 30 and finished 2-for-5 with a run scored, and Skye Kramlich also had two hits. Additional Sox singles came off the bats of Brody Weisenburger, Luke Yri and Bradyn Collier.

The 'Birds were three outs away from making it a clean sweep in the non-league night game, but the Black Sox came all the way back from a 4-1 deficit in the fifth to score a 5-4 stunner and salvage the series.

Wolsky led the Post 25 hitters with a 2-for-3 outing, scoring once and driving in a run. Cody Otto, Josh Bickett and Ethan Roller also finished with RBI singles.

On the hill, Jacob Boe-

shans threw four innings before Hagel came on in the fifth, and Hagel took the blown save and the loss.

Like the first game, Cudworth had a two-hit evening. Thomas Allmaras scored twice, plated a run

See POST 25, page 10



Ethan Roller winds up for a throw to first.

Babe Ruth hits diamond for first weeks of play

BY ERIK GJOVIK

Rainouts and field availability have largely kept the Carrington Babe Ruth (13-to-15 year old) Redbirds baseball program on the shelf for the first two weeks of their schedule, but they have nevertheless gotten three games into the books.

Because of ongoing repair work at City Park, all three of the varsity contests have been on the road.

On June 10, the Redbirds traveled to face Nelson County, and dropped a 7-3 decision to the young Owls.

Two days later, on June 12, Carrington ran into a talented Hatton/Northwood squad, and were on the short end of a 16-1 loss.

Last Monday, June 17, the 'Birds took on the Thompson #2 team, and were defeated by a score of 13-0.

The scheduled home opener on Wednesday, June 19 with Mayville #1 was postponed with the park renovation work. Even if that had been finished, rains which hit the field rendered the outfield unplayable.

Listed games on the schedule for this upcoming week are home dates with Hillsboro/Central Valley (June 26) and Devils Lake (June 27).



Journeying through Utah's Red Rock: A rare adventure

BY NICOLE LEE

People all over the country and Canada have tried to secure their spot for this bucket list ride, but many have been unsuccessful. The same cannot be said for local resident Jill Andres and McHenry native Sue Bakko.

Andres and Bakko had the opportunity to embark on this once-in-a-lifetime trip through national parks and trails in Utah called the Red Rock Ride on June 3-9.

"I saw this picture from one of my horse groups on Facebook, and said I have to ride these trails," Andres stated, and set out to make it her mission to get on this trip.

When applying for the trip, it is a lottery-type system that sells out in less than 20 minutes, which makes it difficult. Andres recalled, she had her phone and computer making calls, and Bakko had three phones and two computers to try and secure their spots for this trip.

There were two different rides going on simultaneously, and each consisted of 40 riders. On Andres and Bakko's ride, people from 18 different states and 3 Canadian provinces went on the journey with them. The ages ranged from a recent graduate of high school, to an 80-year-old woman who would not miss one ride.

The trip started off in Zion National Park located near Springdale, Utah, with just a short three-hour ride. Then on day two, Bryce Canyon, where they saw giant limestone called "hoodoos" which are beautiful red, pink and orange colors. Day three and four, they went to Bryce Canyon's "little brother" Red Canyon, where they saw the famous hideout of Butch Cassidy, and Thunder Mountain.

On day five, they went to Paria Canyon, also known as Slot Canyon, where they rode through narrow trails carved out by the Paria River. Lastly, they rode along the north rim of the Grand Canyon, where they



Left photo: Jill Andres and Sue Bakko riding on top a ridge on Thunder Mountain in the Red Canyon located just outside of Tropic, Utah.

Bottom photo: From her horse's eye view, Jill Andres travels along a well-worn path with her group during the Red Rock Ride in Zion National Park.

(Courtesy photos)

peered all the way down into the canyon.

This trip had an average riding time of five-and-a-half hours a day on horse or mule. The riders stayed in small cabins along the trails in Tropic, Utah, for the first four nights, and then in hotels in Kanab, Utah, for the last two. They were provided with meals and snacks at every stop, along with entertainment every evening.

Bakko said, "They would haul the horses to where we would be starting, and we went in a bus to the starting point." The riders didn't have to worry about saddling or feeding the horses, since the guides took care of that.

The rides were guided by some very experienced riders, the Magnum family and the Houston family. The Magnum family have been guiding people on the trails for 51 years and has over 300 horses and dozens of mules to choose from. Not only have they just guided riders on the trails, but they have also helped numerous film crews navigate the area to film old

Westerns like "Gunsmoke," and horror films like "Exorcist II: The Heretic".

From their experience they can provide you with information about almost anything along the trail, and they are considered real cowboys!

The Houston Family provides the food on the trails. They have been in the restaurant business for over 49 years. This family has served meals in the snow, hail, rain and in temperatures ranging from 20 all the way up to 127 degrees. The riders receive lunches to-go for the trail. When they arrive at their destination for the night, they are presented with a hearty meal.

After completing the trip, both Andres and Bakko said they would go again. Every rider remarked after each ride they loved that place the best.

Andres commented, "I don't know if I could pick a favorite place after seeing every spot!" Bakko, on the other hand, loved the Paria Canyon, but said that each place was great in their own special way.



Enduring memories

A memorial bench to Reed James Nelson, son of Jesse and Brittany Nelson of Carrington, was installed at City Park Saturday, June 15. Another bench was also placed in Sykeston (upper right photo) in memory of Mathew Neumiller and his father, James Neumiller, in the Sykeston Park by the Carrington Wrestling Club in early June.

Standing behind their son's bench are Reed's parents, **Jesse and Brittany Nelson**, and their sons and Reed's brothers, **Luke** (with Brittany), and **Blake** (with Jesse).



Continued from page 9

POST 25 —

with a single and stole a base, and Weisenburger and Yri had the other two hits for Post 30.

Connor Knatterud pitched five innings, gave up seven hits and fanned four for the win.

This Wednesday, Post 25 (2-3 overall) goes up Highway 52 for a game with Post 39 of Velva, and hopes are that the new-look field will be ready for play Friday, June 28, when Kidder Co. Post 231 comes calling for a District 4 7/5 inning twinbill.

District 4 American Legion Baseball
Carrington 5, New Rockford 3 (9 innings)
at New Rockford
 Cgtn. 001 001 102 — 5 9 2
 NR 000 001 200 — 3 8 3
 Grady Shipman, Kael Kovar (9) and Max Whitman; Easton Simon and Bradyn Collier. W — Shipman.

L — Simon. SV — Kovar.
 Carrington: Shipman 8 IP, 7 H, ER, 3 BB, 6 K; 1-5, double, 2 RBI; Ryder Bickett 2-4, HR, double, 2 runs, RBI; Kovar 2-4, 3 SB; Owen Hagel and Tate Wolsky 1-4, run; Jack Erickson 1-3, run; Kyle Johnson 1-4, RBI.

New Rockford: Simon CG, 9 H, 4 ER, BB, 3 K; 1-4; Skye Kramlich 2-4, RBI; Keaton Cudworth 2-5, double, run; Luke Yri 1-3, run; Brody Weisenburger and Collier 1-4; Connor Knatterud SB, run.

New Rockford 5, Carrington 4 at New Rockford
 Cgtn. 003 10 — 4 7 0
 NR 000 14 — 5 5 2
 Jacob Boeshans, Hagel (5) and Wolsky; Knatterud and Collier. W — Knatterud. L — Hagel.
 Carrington: Boeshans 4 IP, 2 H, ER, 4 BB, 3 K; Wolsky 2-3, run, RBI; Paxton Harrington 1-2, SB, run; Hagel 1-2, run; Cody Otto 1-2, RBI; Josh Bickett 1-3, SB, run, RBI; Ethan Roller 1-3, SB, RBI.
 New Rockford: Knatterud CG, 7 H, 3 ER, 4 K; run; Cudworth 2-3, runs, RBI; Weisenburger and Yri 1-2, RBI; Kason Nass run.

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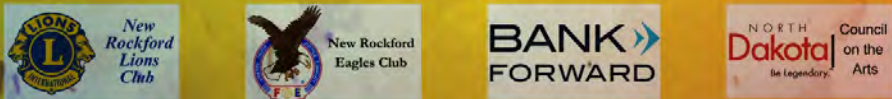
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July 24 7:30pm	July 25 *2:30pm*	July 26 7:30pm	July 27 2:30pm	July 28 2:30pm
July 31 7:30pm	Aug 1 7:30pm	Aug 2 7:30pm	Aug 3 2:30pm	Aug 4 2:30pm

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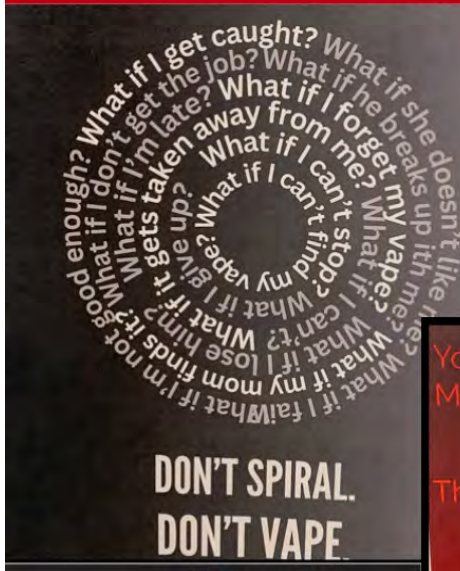


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Carrington, Cooperstown hospitals participate in active shooter drills

Grand Forks, N.D. – Twenty-two North Dakota Critical Access Hospitals (CAHs) and their CAH-owned/operated Rural Health Clinics (RHCs) participated in table top drills, which focused on active shooter situations. Two days were available for the drills which focused on planning, preparing, and testing the emergency preparedness plan of each facility in response to an active shooter scenario. These drills are part of the emergency prepared-

ness compliance for both the CAHs and RHCs. The training was sponsored by the North Dakota Medicare Rural Hospital Flexibility (Flex) program housed at the Center for Rural Health (CRH) within the University of North Dakota School of Medicine & Health Sciences.

CHI St. Alexius Carrington and Dakota Regional Medical Center in Cooperstown were among the CAHs participating in the drills.

“Ensuring the CAHs in

North Dakota remain in compliance is one of our top priorities,” said Jody Ward, grant program director for Flex. “We were pleased to be able to coordinate this training with so many hospitals across the state.”

Tressa Sacrey, director of compliance and education for Health Services Associates, facilitated the table top drills to meet the testing requirements.

The training included time for teams to pause and discuss their clinic’s

unique perspective for the scenario presented. A discussion guide, hotwash document, and formal After Action Report (AAR) was provided to track the clinic’s response and meet all documentation requirements

Each facility had a designated staff person to ensure all necessary discussion was held within each team and the documents were kept up to date. The full team was required to attend the virtual training.

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McHenry, North Dakota 125th CELEBRATION

June 28, 29 & 30, 2024

Friday, June 28	Saturday, June 29	Sunday, June 30
<p>6 p.m. Ranch Rodeo 1/2 mile north of McHenry Bring your chair. Entry Fee: \$400 per team Contact Brody Hoyt at 701-270-1916</p> <p>Saturday, June 29</p> <ul style="list-style-type: none"> All School Reunion All day. Register at the Senior Center 8 a.m. - 5K Fun Run (registration at 7:30) 	<ul style="list-style-type: none"> 10 a.m. - Parade 1 p.m. - Cornhole Tournament 1 p.m. - Jimmy Stage to reminisce about McHenry (Memorial Park) 3 p.m. - Music by Don Lowe (Memorial Park) 4 p.m. - 6 p.m. Free Will Donation Supper 8 p.m. - Moonlight Music <p>Scavenger Hunt on Main Street along with games for kids and adults all day long!</p>	<ul style="list-style-type: none"> 9 a.m. - All denomination Church service in Memorial Park weather permitting, back-up location is the Lutheran Church 10 a.m. to 12 p.m. - Pancake Breakfast by Legion at the Firehall 12 p.m. - Memorial Service at Vets Memorial

The Iron Man 33
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By Headlocks and Eaton

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2+AC WELLS CO. BUILDING SITE Wells Co., 1274 Hwy. 30, Cathay, ND w/Barn, Single Garage and small 4 Bedroom Home considered a Tear Away due to Sewer Issues. **\$146,000**

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